



Alberta
Women's Institute
Girls' Club



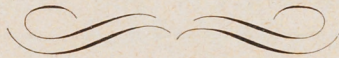
YEAR BOOK
1935

Alberta Women's Institute Girls' Club



The A.W.I.G.C. Magazine

(Alberta Women's Institute Girls' Club)



Editor	Mrs. F. G. Grevett
Circulation Manager	Esther Oliver
Sports Editor	Helen McBride
Humor Editor	Betty Thompson
Social Editor	Ida Cole
Supervisor W.I.G.C.	Mrs. R. E. Wood



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Mrs. R. E. WOOD

Provincial Supervisor of the Alberta Women's Institute Girls' Club

FOREWORD

Another year's report has been prepared by our magazine staff, with the hope that all the Clubs will read it and profit by it. On behalf of the W.I.G.C. Officers and magazine staff, I desire to thank our faithful friends, the business men, who have given us support and I express the hope that our members will patronize these firms whenever possible.

Again we are indebted to Mrs. Grevett for her interest in our Girls' Club work and for her efforts in making this magazine the success that it is. We need better co-operation from our Clubs in order to make this project more of the force that it can be.

We are pleased to note the improvement in the general work of the Clubs all over the province, as indicated by the reports we receive and I hope the coming year will see continuance of this progress.

C. WOOD, Provincial Supervisor of A.W.I.G.C.



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Miss **ESTHER OLIVER**
President, Girls' Club

PRESIDENT'S MESSAGE

Madam Supervisor and Members of the A.W.I.G.C.:

Time and time again I have sat down to prepare this letter for the Magazine, but what could be said of this wonderful organization that has not already been said? So I am not going to follow the conventional line; I shall merely say that which is nearest my heart.

I have belonged to a Girls' Club since 12 years of age. First joining in Macleod. Later on my family moved to Lethbridge and upon finding no club there helped in organizing one. I very much regret to state that it has just recently disbanded. Five years later we took up residence in Calgary. There, with the valuable assistance of Mrs. F. G. Grevett, the Calgary Club was reorganized. So you see, since a small girl my life has been associated with the Girls' Club. Every meeting has always been a joy and delight to me. Small wonder that my feelings are sentimental concerning our Club.

Do you girls realize how important our Magazine is? It is the only printed record we have. Wouldn't it seem a pity to have it pass into oblivion through lack of support from the Clubs. Although this year I have had more orders than last. However, if it is to continue we must have the support of all the Clubs.

It isn't asking too much, is it girls? Our Magazine is only 10 cents a copy, and any person or club that has ever had one can tell you how valuable it has proven to them. In it you will find the reports of every Club, financial report, minutes of the Convention, prize-winning short stories, winning speech in the public speaking, and so many other interesting things.

No doubt you wonder why we keep, shall I say, harping, on this subject of W.I.G.C. Magazines, but it is to impress upon you the importance of it. So please, just for the sake of 10 cents, don't let this Magazine become a thing of the past.

The Conventions are not being as well attended as they might be. Perhaps this is due to the financial condition of the times, but it has been said that many Clubs go camping instead of attending. Really, girls, we do have a wonderful time. Gathered together are girls from all over the province, and we all join in the fun and gaiety. And Oh! we learn so much: hints of how to conduct meetings, programmes, demonstrations, and countless other things. Besides, if you feel in the camping mood, arrangements can be made to camp right on the campus of the Olds School of Agriculture, where our Conventions are held.

Trusting that this has been a most successful year to each and every one of you, I remain forever yours for the good of the Club,

ESTHER OLIVER, Calgary.

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The Address of Miss Lilly Sahlen, President of the W.I.G.C. given at 1934 Convention.

Madam Supervisor, Girls, Club Supervisors and Guests:—

First of all I want to extend a hearty welcome to those who are present, and greetings through the delegates to all Clubs represented. Year after year we look forward to meeting again those whom Conventions past have made our friends. Also we love to make new friends of those whose first Convention this is. Keep coming, girls. The time arrives eventually, you know, when you are just a little too busy with a profession, just a little too settled, to participate in these Girls' Club meetings, so come while you can.

It is fun to go off on a motor trip to a summer resort or on a camping trip to some lake, but if you take with you that uncomfortable feeling of having let down your end of Girls' Club work, through choosing the pleasure jaunt instead of the pleasure and importance of the Convention, somehow your decision will rob your holiday of its full enjoyment.

Each Club, whether represented here or not, plays a part. The absent ones naturally retard our advancement. No Club belonging to any organization can be simply be neutral. The fact that one Club chooses a week's vacation at a lakeside in preference to a week's attendance at Club convention must leave a doubt with a great many people as to whether any good can come out of a Girls' Club Convention. Your own district judges the entire organization by your attitude, and your home Club by its share in Provincial activities.

Of course, all the Clubs rely upon the Executive. To us, Mrs. Wood, with her example, leadership and wonderful supervision, represents and embodies the Institute. Without her we would indeed be orphaned. As President, I, more than anyone else, realize how much we owe to her. I have had my duties, too, and only wish I could have done more. Your Vice-President has been ready to fulfill any duty required of her, and she is Circulation Manager of our Magazine as well. Your Secretary has her hands, head, books and accounts at your service. Your District Directors assume the District responsibilities capable, as each Club must realize.

Yes, each Club, each member depends on the Executive to do their duty, and often without co-operation or support from the Clubs that elected them to office. It is the duty of each Club to help in keeping the standards that faithful Clubs have been raising higher each year. It is the duty of delegates to represent their Clubs at Convention, to vote wisely at election for capability of candidates rather than popularity, so that these standards may be maintained.

Speaking of standards reminds me of a true story that has particularly gripped me. A man, well known, who has climbed from average unknown insignificance to what we relatively call fame, told me how he came to begin the uphill trend. He went to hear a lecturer one evening, and though he cannot now recall either the subject or context of the lecture, he vividly remembers this: "I am on the platform, you are all below me, a mass of heads at practically the same level. You seem closely packed, crowded, but above you there's lots of room. Come up. Be above the average."

So this man, remembering that one phrase, "There's lots of room on top," found it and has gone so far above the average level that he said to me, "The top is a lonely spot." It is true, the top is lonely, because there are so few with the ambition to climb as he has done. However, it is more than worth the effort. That he admits, and one senses it in his presence. Let me, as a parting message to each one of you, borrow that lecturer's phrase, "There's lots of room on top. Aim for it."

LILLY SAHLEN, Provincial President.

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Social Affairs at the 1934 Convention

The Masquerade Costume Parade was held on the evening of July 3rd and was greatly enjoyed by all. Most of the girls were in costume, and the judges, Mrs. Grevett, Miss Switzer and Miss McIntyre, had a very difficult time in deciding upon the winners. Finally prizes were awarded to Nina Mott, Balmoral, dressed as a darkie, for the most comic costume; to Anola Thompson and Zada Meyers, Coaldale, dressed as Dutch twins, for the most original costume; and to Ida Cole, Alix, as Hawaiian girl, for the prettiest costume. While the judging was being done the girls enjoyed themselves in dancing.

The following entertainment was greatly enjoyed by all:

A song by Joan Scarlett and Hazel Kjorsvik.

A song by Zada Meyers and Anola Thompson, "The Little Dutch Girl."

A dance by Grace Fletcher.

A song by Mildred Ware, "When It's Lamp Lighting Time in the Valley."

Wednesday evening was the Banquet, with eighty in attendance. Mrs. Grevett was one of the guest speakers and she gave a most helpful and inspiring address. Mr. Fisher was another guest speaker, and he entertained us with a most interesting legend of old Quebec.

Mr. Murray presented the Emily Murphy Cup to Pearl McBride, who had proved herself to be the best all-round athlete at the Sports Day events. Mr. Holeton presented Lois Cassidy, of Coaldale, with the Cup for Best Short Story. This cup is donated by Mrs. J. A. Rodell, of Wetaskiwin. Betty Thompson, who won the cup last year, was second this year and was presented with a prize for achieving that distinction.

Following the Banquet the girls were taken to the Mayfair Theatre where they enjoyed the movie "Jimmy and Sally."

The Public Speaking Contest was held on Thursday evening, with three girls—Jane Popham, Barons; Anola Thompson, Coaldale, and Lois Pinkerton, Calgary—entering for the Mrs. Nellie McClung Trophy. Miss McIntyre, Mr. Holeton and Mr. Kemp were the judges and awarded first place to Anola Thompson, who spoke on "Mrs. Emily Murphy." Jane Popham, speaking on "The Value of Club Life to a Girl", was placed second, and Lois Pinkerton, speaking on the same subject, came third. Mr. Holeton presented Anola Thompson with the Nellie McClung Trophy.

After this, Winona Walrod, of Munson, gave a piano solo, and Ida Cole, of Alix, gave a recitation, "Among the Thousand Islands." Margaret Loft sang a Danish song, and Zada Meyers gave a piano solo. Robina Hunt gave a recitation, and Agnes McKarrow sang "An Old-Fashioned Song."

Miss Lilly Sahlen, the retiring President, was presented with a beautiful picture as a remembrance from the girls.

The evening was brought to a close by all having cocoa and biscuits.

A most enjoyable Treasure Hunt was held on the last morning of the Convention and brought the 1934 Convention to a close.

IDA COLE, Social Editor.

Financial Report for the Year Ending, August 1st, 1934.

CLUB DUES RECEIPTS

Alix	\$ 3.50
Bentley	4.50
Burdett	2.25
Balmoral, Red Deer	3.50
Calgary	2.25
Cluny	3.00
Claresholm	3.50
Coaldale	3.50
Endiang	2.50
East Garden Prairie	3.00
Eagle Hill	3.00
Glen Leslie	2.75
Hughenden	3.75
Hussar	4.25
Hardisty	2.25
Lethbridge	3.50
Lomond	4.25
Lougheed	2.00
Milk River	6.25
Myrna	4.50
Manyberries	2.25
Munson	2.00
Picture Butte	2.00
Rosyth, Amisk, Sunbeam	2.50
Standard, Jr. and Sr.	9.75
Spring Coulee	5.00
Sundre	3.50
Sunnybrook	3.25
Sedgewick	6.40
Stettler	5.00
Three Hills	4.00
Thorhild	2.75
Vauxhall	2.75
West Garden Prairie	3.75
Waskatenau	3.50
Wetaskiwin	2.00
Warner (disbanding)	5.93

Total Memberships\$133.93

Registration Fees\$ 29.00

Donation for Cups 2.00

Total Receipts\$164.93

EXPENDITURES

Postage	\$ 2.88
Engraving	1.50
Paid Molly Routledge25
Receipt Pad15
Exchange on Cheques	1.20
Convention Expenses—	
Engraving Cups	3.40
Express40
Prizes and Presents	9.50
Ribbon Cord, Pins70
Vera McLennan Expenses ...	1.50
Molly Routledge Expenses25
Lilly Sahlen Expenses	10.00
Jane Popham Expenses	9.79
Esther Oliver Expenses	5.80
Mary Morrison Expenses	12.15
Mrs. Wood Expenses	3.50
Board of Officers:	
Mrs. Grevett, Mrs. Haynes	27.40
Postage	1.20
Handicraft Prize	2.00
Show	10.35
Gifts	2.50

Total Expenditures\$106.42

Scholarship Fund Receipts, 1934.

Burdett	\$ 1.00	Scholarship Fund Carried	
Calgary	1.00	Forward	\$ 71.00
Claresholm	1.00	Scholarship Receipts, 1934	15.00
Cluny	1.00		
East Garden Prairie	1.00	TOTAL	\$ 86.00
Lethbridge	1.00	Scholarships 1933 and 1934 paid	
Lomond	1.00	to University	\$ 50.36
Manyberries	1.00	Balance on Hand	35.64
Milk River	1.00		
Munson	1.00		
Rosyth	1.00		
Spring Coulee	1.00		
Stettler	1.00		
Three Hills	1.00		
West Garden Prairie	1.00		
Total Receipts	\$ 15.00	TOTAL	\$ 86.00

Magazine Account.

RECEIPTS	EXPENSES
Sales from 230 Magazines	Mailing and Envelopes
Advertisements	Printing
Donations	Exchange
Sale of 1932 Magazine	NET PROFIT
TOTAL	TOTAL

Financial Statement, 1933-1934.

RECEIPTS	EXPENDITURES
Carried Forward—	General Expenses
Club Dues,	Scholarships Paid
Scholarship	Magazine Expenses
1934 Club Dues	Balance on Hand
Registration Fees	Total
Donation for Cups	Balance on hand made up as follows:
Scholarships Received	General Fund
Magazine Receipts	Scholarship Fund
Total Receipts	Magazine Fund
	Respectfully submitted,
	MARY MORRISON,
	Secretary-Treasurer.

Report of the Alberta Women's Institute Girls' Clubs, 1934

The fourteenth annual Convention of the Alberta Women's Institute Girls' Clubs was held July 3rd, 4th, 5th and 6th at the Olds School of Agriculture, under the supervision of Mrs. R. E. Wood, Stony Plain. There were sixty-three girls registered and fifteen clubs represented.

Each day began with physical exercises on the Campus, directed by Mr. A. T. Kemp, of the staff of the Agricultural School. The business sessions opened at nine o'clock each morning.

JULY 3rd

The session opened by singing "O Canada" and repeating of the Creed, led by the President, Miss Lilly Sahlen. The minutes of the last Convention and the Financial Statement were read by the Secretary, Miss Mary Morrison, and adopted by the Convention.

The correspondence was then read. A letter from Kay Sharpe, Munson, an old Club friend, sending good wishes for a successful Convention and expressing her regret in leaving the A.W.I.G.C. as she was going to Ontario. A letter from Miss Evelyn Murphy expressed thanks for our letter of condolence in time of her sorrow—the death of Mrs. Emily Murphy. A letter from the University announced the winner of our Scholarship to be Miss Joyce Clothier, Edmonton.

The President's address was then given, stressing co-operation and to aim for bigger and better Conventions. In selecting our officers, she advised capability rather than popularity, to be our guide, and lastly she stressed attainment by ambition, saying, "There's plenty of room at the top, and it's a lonely spot."

The following committees were then appointed: Nominations Committee: Beth Stevenson, Coaldale; Dorothy McGuire, Jasper, and Florence Applin, Milk River. Resolutions Committee: Esther Oliver, Drumheller; Ida Cole, Alix, and Myrtle Kuhl, Milk River. Sports Committee: Jane Popham, Garden Prairie; Maxine Pease, Milk River, and Margaret Nimmons, Picture Butte. Banquet Committee: Betty Thompson, Coaldale; Nina Mott, Balmoral; Betty Hazlett, Balmoral.

Mrs. A. Kjorsvik, for the third time, welcomes the delegates to Olds, and spoke highly of our organization and its training for leadership. Miss Esther Oliver replied to this welcome, thanking Mrs. Kjorsvik, and expressing the appreciation of the Clubs for her interest.

Mrs. Thompson, Coaldale, W.I. Director for District No. 4; Mrs. Ford, Milk River; Mrs. McCann, Balmoral, all supervisors, then gave words of greeting and expressed best wishes for a successful Convention.

Mrs. Wood then spoke for a few minutes, first reading a letter from Mrs. J. P. Ferguson, Trochu, President of the A.W.I., expressing her regrets at not being able to be present at our Convention. Mrs. Wood then outlined the programme for the Convention and urged Clubs to attend the Convention as well as going camping, and suggested neighboring Clubs to unite in coming to Conventions.

Mrs. Elizabeth Haynes, Director of Dramatics under the Carnegie Trust Fund, then gave a most interesting and instructive lecture on Dramatics.

In the evening the annual Fancy Dress Parade was held. Many and varied were the costumes. The judges, Mrs. F. G. Grevett, Miss Switzer and Miss McIntyre, awarded the prizes.

This was followed by a short musical programme, after which Mrs. Haynes gave her second lecture in Dramatics.

JULY 4th

The session opened by singing "The Maple Leaf" and repeating the Code. The President, Miss Lilly Sahlen, was in the chair.

Mrs. F. G. Grevett presented the magazine report, followed by a discussion on the magazine sales and collecting advertisements for it. Mrs. Wood and Lilly Sahlen then presented, in dialogue, the procedure of collecting an advertisement. It was moved by Muriel Bloss, of Eagle Hill, seconded by Betty Hazlett, "that a 1934 Magazine be printed." Motion carried. Then Muriel Bloss moved, seconded by Zada Meyer, of Coaldale, "that the appointment of Editor be left to the Executive." Motion carried.

Mrs. Haynes then continued her lectures on Dramatics.

In the afternoon the girls gathered on the recreation grounds for the Annual Sports Competition for the Emily Murphy Cup. This cup was won by Pearl McBride, of Endiang, with Muriel Bloss a close second.

At six-thirty o'clock in the evening the Annual Banquet was held in the dining room of the Dormitory. Following this the delegates were entertained at a Theatre Party at the Mayfair Theatre.

JULY 5th

Session opened with the singing of "O Canada."

Jane Popham, Publicity Convener, presented her report, after which Mrs. Wood spoke about giving the news of the Club to the local papers. Esther Oliver, Circulation Manager of the Magazine, reported her report. The Secretary then presented the Scholarship report, showing that several Clubs are in arrears.

The report of District Director of Districts No. 1 and No. 2 was read by Dorothy McGuire in the absence of Molly Routledge. Report was seconded by Cora Miller, of Eagle Hill.

Report of District No. 4 was read by Jane Popham in absence of Vivian Berg, the Director. Report was seconded by Anola Thompson, of Coaldale.

Mrs. Wood then explained in detail the duty of each officer on the Provincial Executive. Miss Switzer, of the Staff of the School of Agriculture at Olds, then gave a lecture on "Color and Design," dealing with dress in particular. It was a most helpful and instructive address.

Miss McIntyre, also of the School staff, then gave a lecture on "Adequate Diet," which was very interesting. Lilly Sahlen then demonstrated the making of Beach Slippers from old Inner Tubes.

The afternoon session opened with singing of the theme song. Following this, Mrs. Wood read a very interesting "History of Our Organization," which she had compiled.

Mr. Kemp then gave a demonstration and lecture on "Propagation and Care of House Plants." Following this, Miss Rogers spoke on "This Business of Home-making." The delegates were then allowed to look at the Handicraft Exhibit, following which Mr. Jas. Murray, Principal of the Olds School of Agriculture, gave the girls an outline of the College Course of Studies and took them for a tour of the grounds.

Esther Oliver, Vice-President, presided at the evening session when the Public Speaking Contest was held for the Nellie McClung Trophy. The following were the speakers competing and their subjects: Jane Popham, Barons, "Value of Club Life to a Girl"; Anola Thompson, Coaldale, "Mrs. Emily Murphy"; Lois Pinkerton, Calgary, "Value of Club Life to a Girl." The judges, Mr. HOLETON, Mr. Kemp and Miss McIntyre, awarded first place to Anola Thompson and second to Jane Popham.

Following this a short business meeting was held at which the following Directors were elected:

District 1 and 2—Evelyn Taylor, Jasper.

District 3—Irene Street, Amisk.

District 4—Beth Stevenson, Coaldale.

The staff for the Magazine was appointed as follows:

Sports Editor—Helen McBride, Endiang.

Humor Editor—Betty Thompson, Coaldale.

Social Editor—Ida Cole, Amisk.

Circulation Manager—Esther Oliver, Calgary.

The following officers were elected by acclamation:

President—Esther Oliver, Calgary.

Vice-President—Betty Thompson, Coaldale.

Secretary-Treasurer—Mary Morrison, Delia.

Cocoa and crackers were served and the meeting adjourned.

JULY 6th

This session opened by Community singing. Then the following prizes were presented for the Handicrafts:

Best Thrift Article made from flour sack or used material—1, Alix; 2, Endiang.

Best Article in Wool—1, East Garden Prairie; 2, Wetaskiwin.

Best Thrift Article made from Wool—1, Endiang; 2, East Garden Prairie.

Best Cushion—1, East Garden Prairie; 2, Calgary Corner.

Best Novelty—1 and 2, Eagle Hill.

Best Quilt—1, Amisk.

Best Collection—1, Calgary Corner; 2, East Garden Prairie.

Best Article from Wood—1 and 2, Calgary Corner.

A discussion followed regarding presenting loving cups with the trophies that have not an individual cup presented with them. It was moved by Edna Johnson, seconded by Helen McBride, "That the Secretary enquire into prices of loving cup and if reasonable in price to get four cups this year." Motion carried.

A voluntary collection was made to help make this possible, and two dollars was raised to go toward buying the four loving cups.

The Question Box was then opened, but as very few questions were in it this business was soon dispensed with. Club pins may be purchased from the Woman's Home Bureau, Department of Agriculture, Edmonton, for fifty cents each.

The following resolutions were presented by Esther Oliver, Convener of the Resolutions Committee:

1. "We, the Alberta Women's Institute Girls' Clubs, met in Convention, resolve that letters of thanks be sent to all who in any way contributed to the success of our Convention." Seconded by Cora Miller, Eagle Hill. Resolution carried.

2. "We resolve that the next Convention be held in Edmonton." Amisk, Alix and Munson moved this, seconded by Nina Mott, Balmoral. Lost.

3. "We, the Alberta Women's Institute Girls' Clubs, met in Convention, resolve that a letter of thanks be sent to Mrs. Grevett, thanking her for her work in connection with the Magazine." Seconded by Helen McBride, Endiang. Carried.

It was moved by Helen McBride, seconded by Beth Stevenson, Coaldale, "That the next Convention be held at Olds School of Agriculture, providing it is open." Carried.

After singing "God Save the King" the 1934 Convention prorogued, and while the new Executive were meeting the delegates held a Treasure Hunt.

Respectfully submitted,

MARY A MORRISON, Sec.-Treas.

Report of Clubs in Districts, No. 1 and 2.

MISS MOLLY ROUTLEDGE, Jasper, Director.

In District No. 1 there is only one Club, the Nightingale Service W.I.G.C., at Glen Leslie, Alberta.

NIGHTINGALE SERVICE GIRLS' CLUB

This Club has a membership of eleven and held a play, "The Unseen." They organized a basketball team, and held a Hallowe'en party for their members. The members spent a week at Sturgeon Lake last summer. To raise money they sold an embroidered bedspread, put on a dance, which netted \$27.70, and sold candy and ice cream at a dance.

The following Clubs are in District No. 2:

CONIFER GIRLS' CLUB, JASPER

This Club was organized last Fall and has a membership of eighteen and holds meetings every month. A very successful dance was held and a purse was raffled, clearing fifteen dollars. Fruit was taken to a sick member who was in hospital. Plans are being made for a trip to the Hot Springs. Miss Dorothy McGuire was elected delegate to the Convention.

WARSPITE GIRLS' CLUB, WARSPITE

This Club has a membership of ten and they have held regular meetings. Three dollars was given toward the purchase of a First Aid Kit for the school. A social meeting was held with the members of the Women's Institute as guests. Each lady was presented with a valentine.

WASKATENAU GIRLS' CLUB, WASKATENAU

This Club has a membership of thirteen and during the year have had some very interesting papers, for one member at each meeting has given a talk on a Famous Canadian Woman. They also held a debate. One of the most successful events for raising money for this Club was a St. Patrick's Dance in March.

WOHELO JUNIOR GIRLS' CLUB, JASPER

This is the Junior Girls' Club in my District, and is for girls under sixteen years of age. They put on a concert which brought them about sixteen dollars. Several items were entered in the Jasper Chautauqua which won several prizes. Mrs. Pugh did the training. The members are making an afghan quilt, each one being responsible for a certain number of squares. The afghan will be sold when finished. The Club has received several demonstrations on cooking and have learned how to make many novelties. This Club is not sending a delegate to the Convention.

THORHILD GIRLS' CLUB, THORHILD

With a membership of eleven this Club is very active. They gave thirty dollars toward building a new hall in the community and gave a farewell dance and gift to their Supervisor who was leaving the community. A delegate was sent to the Edmonton Conference. The Home Economic Course was sent for, also the Magazine. To raise money they put on a play and dance which netted twenty-eight dollars and

fifty cents. They raffled a quilt and a cushion and held a St. Patrick's Party. They were expecting to have a coconut booth at the July 2nd celebration. They sent flowers to a sick boy.

VALLEYVIEW GIRLS' CLUB, SUNNYBROOK

This Club, with the small membership of six, is very active. They paid half of the expenses of the trip to the Constituency Conference, the Women's Institute paying the remainder. Fines are inflicted on late members. This Club took the Household Economic Course and greatly enjoyed it. An oilcloth was raffled and realized the sum of four dollars and a quarter for their treasury. The Club aided an unfortunate family in the district whose house burned down. No delegate is being sent to the Convention owing to the shortage of funds.

GOLD DIGGERS' CLUB' MILLET

This is a newly organized Club, having a membership of seven just now. They planned a dance and raffle to raise funds to get a delegate to the Convention. Their Supervisor is a former Girls' Club District Director.

Report of Clubs in District, No. 3.

MISS VERA McLENNAN, Sedgewick, Director.

I want to apologize for not being present at the Convention this year. I am very disappointed, but it is impossible for me to be with you this year. However, I will be with you in my thoughts and sincerely trust that it will be the biggest and best Convention ever held in Olds.

I wrote to all the Clubs for their annual report and as yet have only received four reports. So the following report is taken from the monthly reports. Some Clubs have sent in interesting accounts of every meeting, but others have sent in few reports and with very little information as to what was done at the meetings.

SUNBEAM GIRLS' CLUB, AMISK

This Club has eleven members. They held a novelty sale, several whist drives and raffled a quilt to raise their money. They gave five dollars to the Amisk School Fair. They had a demonstration on making cushions at one of their meetings.

UNITED SERVICE GIRLS' CLUB, ALIX

This Club was organized last September and has fourteen members. They made toys, doll houses and scrapbooks to send to the Provincial Special Hospital for Children in Edmonton. The members made pins of wool in black and yellow, also shorts and sweaters in those colors. A Christmas party, hikes, weiner roasts and a toboggan ride all helped to make their Club life very enjoyable. To raise money a bazaar and sale of fancy work and a tea were held. Pennies were given for a sick fund. The Girls' Club joined with the W.I. in a Peace Parade. Roll calls have been answered by current events and demonstrations on cake making, fillings and icings, first aid and paper novelties.

BALMORAL GIRLS' CLUB, RED DEER

They have a membership of twelve and have had very interesting meetings. Talks have been given on "Life of a Noted Canadian", "Life in a Foreign Country", "Sir Arthur Currie", "Alexander McKenzie", "Bird Life" and "Pictures." The following were helpful demonstrations that were had: How to Break Up a Cold, Making Up an Invalid's Tray, Pie Crust, Fudge, Icing, Embroidery Stitches and Cookies. Some of the above papers were sent to the Loan Library of the Girls' Club. They had a sale of home cooking, raffled a doll, had a hard-time party and fish pond and a bazaar to raise money. The sick were given fruit, and valentines were exchanged. Entertainment committees were chosen for a three-month term of office.

CENTRE VALLEY GIRLS' CLUB, BENTLEY

This Club has a membership of fourteen. They gave the members of the W.I. and their mothers gifts at Christmas, sent fruit to a sick friend and donated five dollars to the Sunshine Fund.

CHEERIO GIRLS' CLUB, HUGHENDEN

This year they had an enrollment of fifteen. Roll call has been answered by jokes, Christmas, Valentine and Easter verses, meaning of members' names, favorite flowers and pastimes. Demonstrations have been given on button-hole making, paper pillows, smocking, fagoting, making bead rings and pyjama bags. They cleared \$14.85 from a Hallowe'en party and sale of sewing. A bedspread was raffled, and they presented a play, "Old-Fashioned Mother." They had a Glee Club for singing, speaking, dramatics and debate. The members took the Economic Course. They made a quilt, and gifts were given to a sick member, to their Camp mother, a helpful friend, and one of their bride members. They attended the Constituency Conference at Mestiskow and put on a play at the W.I. Basket Social.

ENDIANG GIRLS' CLUB

This Club has eleven members and they took the Household Economics Course and made individual recipe books. They raised their money by card parties, raffles and serving lunches and suppers. They held a valentine exchange, also a recipe exchange. Songs were learned and a paper and interesting contest given at each meeting. One most helpful paper was on "Character Development." Four girls and their Supervisor attended the Olds Convention.

HAPPY GLEE GIRLS' CLUB, ECKVILLE

They have a membership of twenty-six and have had several helpful demonstrations at their meetings, one being rug making. They raffled a quilt, held a dance, gave a programme at Leedale Hall, and went to Sylvan Lake during July.

HARDISTY JR. GIRLS' CLUB

This Club has a membership of fifteen and have had many splendid demonstrations, namely, making potholders, afghans and cushions, crocheted egg-cozies. Impromptu concerts were held, also a candy sale and a picnic. The girls gave their mothers cushions on Mother's Day.

LOUGHEED GIRLS' CLUB

They cleared \$15.50 at a tea, put on a play and dance, held a parcel post sale and whist drive, and sold paper flowers to raise their money. They gave Christmas boxes to two families and candy and magazines were sent to a girl in Keith Sanatorium, and a quilt to Wood's Home, Calgary. The girls wrote short stories and sent a delegate to the W.I. Constituency Conference.

MERRY WESTERNERS GIRLS' CLUB, SUNDRE

This Club has a membership of twelve and have had some very interesting meetings. They have had demonstrations on making cellophane belts, cushion covers, quilt designs, knitting and sewing, and icing fancy cakes. Papers were given on "Canadian Birds", "Great Deeds Women Have Accomplished", "Down the Ages", "Beautifying Home Surroundings", "Household Hints", "Founding of the Red Cross" and "History of Cellophane." They held a Hallowe'en and Novelty Dance, raffled a cake and a hair-pin cushion. They helped in a play, "Safety First", gave apple sat the Christmas tree concert, and held contests on Thrift Articles, Easter Eggs and Candy.

MERNA GOLDEN RING GIRLS' CLUB

They have a membership of fourteen. They took the Household Economics Course, made a rug and raffled it, gave two dollars to the Sunshine Fund. Each girl is making a number of blocks for a quilt now. Demonstrations have been held on Bermuda faggoting and home nursing. They made flowers for Mother's Day, had a chicken showed and helped the needy at Christmas. Several sales of candy were held to raise funds. Some of their meetings took the form of a magazine. A girl was appointed editor for each section each month. The main sections were: Editorial, News of Other Clubs, News of the Local Club, Jokes, Poetry, Short Story, Beauty Hints and Health Hints and Talks.

MUNSON GIRLS' CLUB

This Club has a membership of ten. They have had demonstrations on decorating jars, making toffee, and talks were given on "The Romance of Everyday Living", "The Effect of the Depression on the Younger Generation" and "History of the Girls' Clubs." Many original contests and games have been enjoyed. They sent gifts in the W.I. hampers, held two socials, had a skating party and entertained the W.I. at a social evening. The W.I. entertained the members of the Club in return.

ROSEBUD GIRLS' CLUB, EAGLE HILL

They have a membership of seventeen and have had papers on "St. Valentine", "St. Patrick", "Cocoa", "Martha Ostenso", "Fashions and Customs of Mother's Day" and "Origin of Hallowe'en." Demonstrations were held on making crepe paper flowers, pie and candy. Many contests were held and recipes exchanged. The members made and raffled a quilt and a cushion and exchanged gifts at Christmas. They had a weiner roast, a banquet and a concert and dance.

SEDGEWICK GIRLS' CLUB

This Club has a membership of twenty-one and they took the Household Economics Course. They helped in local Sunshine work and have had a programme of skits, recitations and songs at several meetings. Some very interesting contests were held. The Club entertained their mothers in May. A Visiting Committee was elected each meeting and their work was to visit any sick or bereaved persons, and chocolates, fruit and flowers were sent to the sick. Dances, social evenings and skating parties were held. The W.I. entertained the Club members at several meetings, and at one they had the pleasure of hearing Mrs. Elizabeth Haynes talk on Dramatics.

STETTLER GIRLS' CLUB

This Club has a membership of twelve and have sent only two reports. They had a candy sale, entertained their mothers, and gave a short play, "Miss Mary Smith." They had a weiner roast and a birthday tea.

SUNNYSNOOK OPTIMISTIC GIRLS' CLUB

This Club has a membership of eight and have had a demonstration or talk at every meeting. Some of the talks were on "Empire Day" and "Cooking", and demonstrations were given on making table mats from jar rings and making hair-pin cushions. They made and sold thrift articles from old flour sacks and held a Valentine party. The Club entertained the W.I. at a lantern slide lecture.

LIVE WIRES GIRLS' CLUB, THREE HILLS

This Club has a membership of twelve. A circulating library was organized at the beginning of the new year, each girl donating a book. Ten dollars was spent for local relief and Christmas Cheer. Flowers, candy and remembrances were sent to the sick. Many dances and parties were sponsored to raise funds. "Tea Topper Tavern", a three-act comedy play, was prepared and presented in Three Hills, clearing over fifty dollars the first performance. The proceeds from second showing were donated to the Hockey Club. The Club presented Club pins.

CINDERELLA GIRLS' CLUB, WETASKIWIN

They are a junior Club and have a membership of ten. They held twenty-nine meetings with average attendance of ten members. This Club corresponded with girls in England, made scrapbooks for the hospital, and made and gave handkerchiefs to their mothers. They had a demonstration in crochet work and sewing, given by their Supervisor, Mrs. J. A. Rodell. Their handiwork was shown at the W.I. Constituency Conference. An interesting programme was given at every meeting.

LOUSANA GIRLS' CLUB

This Club has found it too difficult to keep going this year and we are sorry to learn they have disbanded.

SPORTS DAY

The W.I.G.C. Sports Day was held Wednesday afternoon, July 4th, and was directed by Mr. Fisher. Winners received ribbons and points as follows: First prize, red ribbon, counting four points; second prize, a blue ribbon, counting three points; third prize, a white ribbon, counting two points, and fourth prize, a yellow ribbon, counting one point.

The winners of the events are as follows:

The 60-yard Dash (girls under 18)—1, Helen McBride, Endiang; 2, Pearl McBride, Endiang.

The 80-yard Dash (girls over 19)—1, Muriel Bloss, Eagle Hill; 2, Mildred Ware, Eagle Hill.

The Running High Jump (for girls under 18)—1, Pearl McBride, who jumped four feet eight and one-half inches; 2, Helen McBride, Endiang.

The Running High Jump (for girls over 18)—1, Mildred Ware, Eagle Hill; 2, Muriel Bloss, Eagle Hill.

The Running Broad Jump (for girls under 18)—1, Pearl McBride, Endiang, who jumped 14 feet 4 inches; 2, Echo Hunt, Milk River.

The Running Broad Jump (for girls over 18)—1, Muriel Bloss, Eagle Hill; 2, Mildred Ware, Eagle Hill.

Soft Ball Throw—1, Hazel Knapp, Milk River; 2, Pearl McBride, Endiang; 3, Muriel Bloss, Eagle Hill.

Relay Race (each Club entered their four best runners)—1, Eagle Hill (Polly Phillips, Muriel Bloss, Ruby Ware and Mildred Ware); 2, Milk River Club; 3, Balmoral Club; 4, Endiang Club.

After these races, Mrs. Wood gave novelty prizes for the following races which could only be entered by girls who had not won any prizes in the former competitions:

60-yard Dash (girls under 14)—Won by Doris Nicholson, Balmoral.

60-yard Dash (girls under 16)—Won by Polly Phillips, Eagle Hill.

Carrot Race (girls under 14)—Won by Polly Phillips, Eagle Hill.

Carrot Race (girls under 16)—Won by Agnes McKarrow, Lethbridge.

Biscuit Race—Won by Doris Nicholson, Balmoral.

Needle and Thread Race—Won by Ruth James and Edna Johnson, Endiang.

Pearl McBride, having fourteen points, was named champion of the day and was presented with the Emily Murphy Cup by Mr. Murray at the Banquet held that night. The Cup must be won three consecutive times to become the property of the winner. If the cup is held only one year the winner is given a loving cup.

Muriel Bloss, having thirteen points, came second. She held the cup last year and hoped to win it this year. She was presented with a lovely picture.

HELEN McBRIDE, Sports Editor.

Sports Programme to be followed for competition in the Mrs. Emily Murphy Cup award was decided upon as follows:

60-yard Dash, Junior (girls under 18 years of age).

80-yard Dash, Senior (girls over 18 years of age).

Running High Jump, Junior.

Running High Jump, Senior.

Running Broad Jump, Junior.

Running Broad Jump, Senior.

Soft Ball Throw.

Relay Race.

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Synopsis of Address on Color and Design in Dress

Given by Miss Switzer of Olds School of Agriculture

In dress the color scheme must be beautiful as a unit, that is, there must be balance. The color scheme must be suitable to time and occasion. At night the colors used in dress should be dainty ones; for sports, bright colors, and for street, quiet colors. In the last, bright trimmings may be used. Then, too, the color scheme must be in proportion, that is, if a large amount of the dress is of dark color, then use a small amount of light color, or vice versa.

Rhythm in dress is the pleasing flow of line or color which relates one part to another. It is obtained by repetition and by graduation of color.

The most important things to consider in a costume are (1) the person and the face, (2) the types and effects of color. In dress everything leads up to the face and the contrast in color should be near the face. The cool types are the blonde and those with black hair and blue eyes. Their colors are the yellows and reds. The warm types are the red hair and black hair with brown eyes. Their colors are the blues and greens.

Report of W.I.G.C. District, No. 4, Conference at Lethbridge, March 6th, 1935.

The Seventh Annual Conference of District No. 4 W.I. Girls' Clubs met in the Marquis Hotel in Lethbridge on Wednesday, March 6th, 1935, with sixty-eight delegates present from eleven Clubs.

Following the opening ceremonies, Miss Ruth Popham, of Barons, was elected as Secretary of the Conference. Minutes of the 1934 Conference were read and approved. Mrs. R. E. Wood, Provincial Supervisor; Mrs. H. T. Nelson, W.I.G.C. Provincial President; Miss Beth Stevenson, District Director for District No. 4, and Miss Jane Popham, Publicity Convener, extended greetings to the Clubs in District No. 4.

Miss Della Kosek, Provincial Librarian, gave the Librarian's Report and urged the Clubs to co-operate with her in making the Library a success.

Miss Beth Stevenson, who presided at the meeting, introduced Mrs. Ferguson, President of the Provincial W.I. Mrs. Ferguson spoke to the girls on the "Secrets of Happiness," giving many excellent points on being and keeping happy.

Mrs. A. A. Campbell, Provincial W.I. Secretary, spoke to the group on happiness, suggesting that all the girls hitch their wagon to a star. A demonstration on Singer Sewing Machine and its Attachments was greatly enjoyed by the delegates.

Delegates from the various Clubs gave their reports as follows:

East Garden Prairie report read by Irene Jacobson.

West Garden Prairie report read by Anna Schipper.

Burdett Girls' Club report read by Evelyn Ostrum.

Calgary Corner Girls' Club report read by Gertrude Ridgeway.

Claresholm Blue Birds' report read by Vivian Berg.

Milk River Golden Hope Club report read by Doris Brown.

Lethbridge Northern Busy Bees' Club report read by Marion Childers.

Coaldale Kapital Kids' Club report read by Zada Meyers.

Spring Coulee Excelsior Girls' Club report read by Helen Munroe.

Kinniburgh Sunshine Club report read by Eunice Danforth.

Vauxhall Junior Girls' Club report read by Isabel Heck.

Irvine Peppy Pals Girls' Club sent their report, as did Lomond Lockettes. These were read by Mrs. Wood. Miss Beth Stevenson read reports sent in by Cluny Club and Macleod Harmony Girls' Club. Miss Popham read the report sent in by Standard Senior Club.

In the joint session with the W.I., held in the afternoon, enjoyable addresses by Mrs. M. L. Thompson, W.I. District Director; Mrs. J. P. Ferguson, A.W.I. President; Rev. W. H. Irwin, and Mrs. R. E. Wood, were listened to with pleasure. This session was broadcast.

A banquet followed by all being entertained at the Capital Theatre brought a very happy and successful Conference to a close.

The Story that won the "Mrs. J. A. Rodell Cup"

Written by Lois Cassidy, Coaldale

"WHAT PRICE GLORY"

The eventful day had arrived and the little town of K—, in the northern part of Alberta, was buzzing with pent-up excitement. Sir T. Benton had just returned from France. He was now a sergeant with the highest honors.

As he stepped from his car a deafening cheer broke from the crowds which surrounded him; then silence. Every hand flashed in salute as the flag was raised.

"God Save our King and Country!" All hands lowered, and the hum of voices once more filled the air.

Mother Denbendor sat at her kitchen window calmly knitting socks. The curtains were pulled back allowing her to watch the passersby. Now and then she looked with a sad and hungry look at a young man's picture hanging over the mantel. His young, straight form was clad in German uniform, and on his handsome face was a smile. A mist passed across the old lady's eyes as she muttered in broken English, "Umóng de missing. Vent down vit fifty other. Joust like un rat in un trap!" Putting down her knitting she listlessly moved about the room, rearranging books and dusting shelves that already shone.

By this time the seats surrounding a platform in the city park were filled. Everyone talked, in one breath. The main business men discussed the events of the war and what part Mr. Benton had played in them, while the backwoods farmers looked on with open mouths. Children ran everywhere, yelling and fighting over nothing. Out of the hurly-burly crowd there were dozens who clutched their children to their sides and sat with white, calm faces. They had lost loved ones. Suddenly a dead stillness fell; then a scraping of feet as everyone rose in respect, for Sir Benton was on the platform.

From her window Mother Denbendor could watch the crowd gathering about the stand. A bitter shadow passed across her face for this man who now stood high above the average, whose coat shone with medals, had killed her people. Yes, perhaps her son. Then she listened. Faint but clear she could hear Benton's voice. "That day we brought down fifty ships."

She closed the window, too sick at heart to move.

It was the next day that Mother Denbendor had an unexpected visitor. Mary, the maid, had just gone out for the afternoon, and Mother Denbendor, humming a tune softly to herself, was tidying up the parlor, when a knock sounded on the door. Pulling off her dust cap she hastened to answer it.

"Good afternoon," smiled a tall, well dressed, middle-aged lady. Her shrewd blue eyes surveyed Mother Denbendor from top to toe, then with a slow smile she said:

"I suppose you wonder who I may be—well, I am Mrs. Benton." She looked narrowly at the little woman in front of her.

"Ach! come in. Sit down fur a little while. I'm very pleased to meet youse." She ushered Mrs. Benton in and placed a chair for her.

"We are going to move in next door. That was our home before my husband went to the war." She drew herself up proudly and looked coolly about the room. As her eyes fell on the picture a queer look passed across her face, but she said nothing for the time. Mrs. Benton had had a hard life and her face hid her feelings.

"My son went to de var." Mother Denbendor sighed and slid her rocker back.

"Is that your son's picture?" Mrs. Benton asked quickly.

"Yes. He nefer come back. Eight years since I come to Canada, but my son stayed un Germany und fight un de Germany army. Sometimes I hate de Canadians, upd then I see how foolish I am." Her old, wrinkled face twisted in a faint smile.

Mrs. Benton did not show her surprise. She expected to find Mrs. Denbendor a bitter enemy to the Canadians. Why? Only yesterday one of the ladies attending Mr. Benton's address had told her in a gossip tone about Mrs. Denbendor's son, and she had added with a sly wink, "Watch out. You're a Canadian."

This had irritated Mrs. Benton into visiting that old lady and finding out just what she was like. Here she was a friendly old lady, trying to forgive this country in which she lived for the sorrow it had brought her. Mrs. Benton's proud heart warmed towards her.

"Yes—yes, I can sympathize with you," she added in a softer tone. "But both Daniel and I think that the war was worth it. Just think of the glory!" she added with a proud twist of her head.

"Thousands uf lives lost. No—no, it vasn't vorth it," Mother Denbendor's voice trembled.

"Your son might be alive in some hospital." Mrs. Benton leaned forward with kindly interest. "Why don't you investigate?"

A ray of hope shot across Mrs. Denbendor's face as she turned to Mrs. Benton. "It couldn't be. Nothing could be so vonderful."

"Why, yes, it's quite possible," Mrs. Benton assured her.

"Vould—could youse people help me find him?" Mrs. Benton could scarcely understand this last jumble of words.

"I am sure Mr. Benton will do all in his power to help you, and so will I, but you must remember my husband is a judge and therefore a very busy man, so it will take time."

"Of course. Maybe he is dead any vay," Mother Debendor added, hope dying out of her voice. She loosened her nervous hold on the arm of the rocker.

Mrs. Benton patted her hair into its proper place, and picking up her gloves rose to go.

"Von't you staf und haff sume tea?" Mother Denbendor hurried to set the kettle on.

"No, thanks. I must hurry along. Why!" she exclaimed, "it is nearly six o'clock." As she glanced at the clock her eyes once more rested on the young man's face, and again the queer expression passed across her countenance.

After Mrs. Benton had gone Mother Denbendor pushed back the chairs and commenced to get supper. The back door slammed. Mary was home. Well, Mary could finish that story she was reading and she would get supper herself tonight for there was a little song in her heart.

Mrs. Benton hurried along the street with the usual proud step and appearance, but this time she was not thinking of her husband's position. Instead, she kept turning over and over again the face of the young man in the picture. Where had she seen that face before? Yes, where, and under what circumstances? The thick, black hair; broad, fine brow; large, brown eyes. The eyes had had a strange, haunted look, and the lower part of the face had been rough and unshaven; not fine and firm as the one in the picture.

On reaching their hotel room Mrs. Benton found her husband alone, lying on the couch smoking. As she entered the room he rose and gathered up the paper which he had thrown on the floor. As he rose to place them on the dresser his wife noticed that his tall, straight form was slightly drooping and his eyes shone with a tired light.

"Been working hard today, Daniel?" Mrs. Benton inquired as she removed her hat and coat. "You look terribly tired."

"I guess I am tired. But I'll soon get hardened to work. Say, I just got a phone call from out of town. Robbery, it said." He knocked out his pipe and strode to the window.

Martha, his wife, gazed with no little admiration at her husband, as he stood outlined against the light of the sinking sun. He was close to fifty years of age, but his whitened hair was all that looked old. The hard, stern life of the army had merely strengthened the expression of his face but not spoiled it.

He turned toward his wife as he said with a puzzled frown: "This is a queer affair. As far as I can make out a young fellow robbed a store up the line somewhere," he explained with a light gesture of his hand out of the window, "and then went and gave himself up. He must be a little off his head. I'll have to leave early in the morning." Picking his hat up where he had thrown it on the floor he stuck it on the back of his head, then refilling his pipe he left the room. Mrs. Benton hurried after him to see when he would be home for supper.

She changed her dress and commenced to tidy up the room. If only Daniel would ever learn where to hang his clothes. Oh, well, it gave her something to do.

There was that face again, looming up in the back of her mind. Those strange, shifting eyes, always looking first one side then the other, like some hunted animal. Suddenly it flashed across her mind. Why! She had seen him in the same coach with them when they were coming west. He had gotten off at a small station during the night, and in the gleam from a small lantern hanging on the station wall, she had seen him first look one way and then the other, a strange, wild look crossing his face as he slunk away in the dark. A little chill crept up her spine. Surely she was mistaken.

That evening Mrs. Benton told her husband all about the strange affair. Mr. Benton was puzzled, but being overly tired he went to bed, leaving Martha with very little satisfaction.

It was the next afternoon that Mr. Benton's taxi came to a standstill in front of a small country jail. The building was small, being part of the sheriff's house.

Mr. Benton climbed out, and after paying the taxi driver, was about to knock on the door when a man appeared around the corner. He was dressed in shabby citizen's clothing with a large silver star on his vest pocket. Being rather stout his bald head and round, fat face shone from exertion. On seeing Benton his whole countenance lit up and he rushed forward, grabbing his friend's hand.

"Well, Dan, old boy, how are ye? Ages since I saw ye, ya, ages. My, ye're gettin' straighter 'en younger every time I see ye." He gave Mr. Benton a mighty slap across the shoulders.

"Glad to see you, too, Bill. You are not doing too bad yourself. Why, you're in full bloom every time I see you." At this they both laughed and turned to go into the house.

The room into which Mr. Benton was shown had a familiar look to Bill Hansen. It was very simple, but held a warmth far surpassing its beauty.

"Have a seat, Dan. Here's a smoke; long time since we smoked together." He seated himself with a little grunt.

"Say, come and have a look at him, then you'll understand the situation." He rose to lead the way.

"He's a queer chap," Hansen explained as they walked along. "Talks fairly good English, if he talks at all. But the strangest part about it, Dan"—Bill lowered his voice as they drew near the prison door—"the strangest part is that at times he goes completely off his balance about the Canadians—and talks about flying. I think the feller's crazy."

They were now inside a small room containing only a bunk chained to the wall and a small chair. The only light which entered came from a small, barred window.

"Hello, Fritz! That's what I call him, Bill whispered; he don't know his name. Fritz, there's a real gentleman here to see ye."

Mr. Benton heard a slow shuffling of feet. Then the prisoner appeared in the doorway of the adjoining cell. His face was wild and vacant as he stared at the jailor, but Benton could not help noticing his fine strong body. "What a shame," he thought.

"You?" he asked in a far-away tone, pointing his finger at Mr. Benton, "you vant to see me?"

"Yes, my boy. Sit down, I want to talk to you."

Looking nervously from side to side he seated himself on the edge of the bunk. Mr. Hansen stood leaning against the wall and motioned to Mr. Benton to take the chair.

"Where is you home, and what is your name? Don't be afraid to tell, we will see that there is fairplay," Mr. Benton assured him kindly.

The prisoner eyed him suspiciously, then with a short, wild laugh he replied, "Afraid, of what? I haff no home—no name." He stopped short, looking from side to side as if frightened.

Looking sideways at Bill, Mr. Benton asked, "Where's your mother?" There was something familiar about this boy. What was that Martha had told him last night? Why hadn't he paid more attention instead of going to sleep?

"In Canada." An intelligent look spread across his face, but just for an instant. He sprang to his feet and crouched against the wall as if ready to spring. His eyes blazed. "You Canadian—I kill—with—my—hands," he panted. "No! No! I fly—fly—burn—shoot—I fool 'em—escape." He looked from side to side, his hands trembled in front of him, and his face shone ghastly in the prison light. "Flying Draft West 13, kill—all. Listen,"—he put his hand to his ear—"hear—cannon—Germany won." He dropped down with a hysterical laugh.

Both men helped him back to his cell then slowly walked to the house.

"He isn't a criminal, Bill, he's out of his mind," Mr. Benton said in a hoarse voice. "I'll get a doctor."

One evening just a week later Mr. Benton waited anxiously in front of a hospital room door. His face looked worried and miserable. Presently a doctor came out, closing the door softly behind him.

"Yes he'll be all right," the doctor answered to Mr. Benton's question. "His mind was in a terrible state. I think it must have been injured while he was in action, but he'll come around fine now." The doctor smiled and hurried on down the corridor.

That evening both Mr. and Mrs. Benton paid Mother Denbendor a visit. They found her sitting on the verandah knitting. She was overjoyed to see them and insisted on their having a lunch. Gradually the subject of their conversation drifted around to her son.

"Supposing," Mr. Benton ventured, "just supposing somebody should tell you that your son was alive in some hospital."

"I wouldn't believe it until I saw him, and if I saw him," her eyes grew wide with excitement, "I think I would die vid joy."

Four days later found Mr. and Mrs. Benton and Mother Denbendor getting out of a taxi in front of a large hospital. Mrs. Benton had persuaded the old lady to come to Broxden just for the drive. Mother Denbendor had had a queer, excited feeling ever since she had reached town. She couldn't imagine why, but she thought that there was some other reason in her coming.

"There is a young man here whom Mr. Benton wishes to see," said Mrs. Benton, explaining the reason for going to the hospital.

On entering the hospital Mr. Benton showed the ladies into a small waiting room while he went to talk to the doctor.

Despite the fresh coolness of the waiting room, Mother Denbendor felt and queerly excited. Then Mr. Benton returned and he was talking to her. Faintly she heard his voice: "Mother Denbendor, the doctor would like to speak to you."

She felt herself grow limp. Why should the doctor want to talk to her? Steeling her nerves she rose, and taking Mr. Benton's arm followed him out of the room.

"Mother, there is a young man in here who has been wanting to see you." He coughed and remarked about the nice hospital. "It seems he fought in the German army—"

Mother Denbendor grasped him arm like a vice, and the room swam before her.

"Tell me—everything. It von't kill me—nothing vill kill me like this."

The doctor came forward and taking her other arm pushed open the young man's door.

On the bed lay the prisoner, thin and haggard, but the wild look was gone. For one second the old lady swayed in the doctor's grasp, then with a little cry she rushed into the arms of her son.

"Oh! mutter—un mutter, at last," he choked.

Back in the little waiting room Mr. and Mrs. Benton stood with bowed heads; haughty pride was all gone. Mr. Benton had won his honor by helping to bring down those fifty planes.

"Oh, God!" he muttered. "At what price glory? Is it worth it?"

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(As delivered by Anola Thompson, of Coaldale)

"MRS. EMILY MURPHY"

I have chosen to speak to you on the life of an outstanding western woman, noted throughout Canada and the British Empire, the late Mrs. Arthur Murphy of Edmonton, locally known as Janey Canuck, author, or Judge Emily Murphy.

The story of the life of Mrs. Murphy is a thrilling one. A native daughter of Canada, born in Cookstown, Ontario, she was educated at Bishop Strachen School in Toronto. She married Rev. Arthur Murphy, and in 1904 moved, with her two small daughters, to Western Canada.

As an author perhaps, through her pen name Janey Canuck, she became best known to the world outside her own city. Literary critics in all parts of the world have marvelled at the beauty and vitality of the great west as interpreted in her books. "Janey Canuck in the West" and "Seeds of Pine," and hundreds of Canadian, English and American magazine stories and articles.

Perhaps the most outstanding characteristic of Janey Canuck, and hence of her style, was virility, interfused with a certain quaint whimsicality, an obvious inheritance from her Irish ancestors. Coupled with this was a tendency to gather and quote unusual bits of information gleaned from older writers.

Her mind was stored with thoughts of master penmen which she used with skill alone sufficient to distinguish her works from the great mass of productions which last for a short time only.

The advertising which Canada has received abroad, particularly in other parts of the Empire, through the distribution of Janey Canuck's books, leave us greatly in her debt, and we are especially fortunate in that she was faithful to the facts; entertaining as her books are, the pictures given us of Canadian life are true. In a generation or two Canadians will be turning to her and blessing her for her veracity and her influence, particularly on younger writers, is bound to be far-reaching.

In public life Mrs. Murphy was as prominent as she was in the literary world. A list of honors conferred upon her and important positions which she held fill a typewritten page. I can only mention these briefly.

Perhaps her most important position was that of the first Woman Police Magistrate in the British Empire and Judge of the Juvenile Court in the Province of Alberta.

His Majesty King George felt that the Empire services of this truly great woman had earned for her the honor of being decorated a Lady of Grace of St. John of Jerusalem.

She was the first president of the Federated Women's Institute in Canada, holding this position for two years.

She was president of the National Council of Women for eight years.

Also Vice-President of the Social Service Council of Canada.

Along with being a member of the Board of Directors of the Canadian Committee of Mental Hygiene.

But her special work, and the work that will hand down her name to coming generations, was that of fighting the dope ring in Canada. This is why she wrote the amazing book, "The Black Candle," in which she set herself to the task of awakening the people of Canada to the awful dangers of the drug traffic. Time and time again while engaged in this drug investigation her life was threatened, but she merely smiled and courageously went on with her work. Realizing her valuable work in 1927 another honor was conferred upon this wonderful woman. She was decorated with a cross for imperial services by the Most Noble Order of Crusaders, the first woman, the first person in the Empire to receive such an honor.

A few years ago, Mrs. Murphy, with her four associates, inaugurated the bold forward movement to amend the Constitution of Canada, known as the British North America Act, in order that women may sit in the Senate of Canada, and as you know she was successful.

An Eastern Canadian editor remarked at that time that many of the really big women's movements could be traced to the Province of Alberta; that there was a mighty force behind the guns, and that force was Emily Murphy.

The great compass of her mind never swept too far to leave her unmindful of the needs at her door, initiating the first municipal hospital, the Royal Alexandra.

In educational matters this crusader also took an active part.

Her religion was a simple one, emptied of bigotry and fear, filled with faith, trust and love.

Yet in the presence of this dynamic worker one always felt the quiet energy which penetrated through her own household, where old books, tapestries and well loved pictures formed a background for that delightful home life that was shared with those hundreds from all parts of the world who called her "Friend", and where her useful life was ended at the close of a busy day.

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Report of Clubs in District No. 4

MISS VIVIAN BERG, Claresholm, Director.

BLUEBIRDS GIRLS' CLUB, CLARESHOLM

This Club has an average attendance of eleven members, and had three more members than last year. They invited the Starline Girls' Club to the September meeting, but were disappointed, as not one came. Two dollars were given toward the school picnic held in July. At Christmas a box of dolls, aprons and candy was sent to the Woods' Orphan Home. This Club took the Household Economics Course and greatly enjoyed it. An article is raffled at each meeting, tickets selling for five cents. A Christmas party was held for the girls and their mothers, and gifts were exchanged. The girls united again with their mothers in a Valentine party. Five delegates attended the District 4 Conference in Lethbridge. A cushion was made for the Handicraft Exhibit at Olds, and it will be raffled later. The girls visited the Mental Hospital at Claresholm. To raise money this Club held two card parties, a dance and a raffle. A very interesting demonstration on hairpin work was given at one meeting.

BURDETT GIRLS' CLUB

This Club has had an average attendance of nine, and has five more members than last year. They took the Home Economics Course and had a demonstration on flower making. They put on a special drive to raise money to get Club rings for the members. These were purchased. A pantry sale and bazaar cleared \$17.40, and a masquerade dance was a very successful event. On May 12th a Mother's Day banquet was held.

CLUNY GIRLS' CLUB

This Club has an average attendance of nine, and has one more member on the roll than last year. They took the Home Economics Course. The Women's Institute members were entertained by the Club at a very interesting meeting. Dr. Cristi gave an address on "Health" at another meeting, and a demonstration on making of vases was an interesting feature of another meeting. Another demonstration was given on making checkerboard, divinity and pinwheel cookies. A former member demonstrated making a knitted cushion, and offered to

make one for the Club. A delegate was sent to the District Conference at Calgary, and an enjoyable camping trip was made. The parents of the members helped make this trip possible by donating a dollar each. A Christmas cake was made and raffled, and a social meeting and Christmas tree was held. Gifts were exchanged. A skating party was held in January and refreshments served in the Hall after the skating from 8 to 10. A baseball and softball team have been organized, and to defray expenses of the team a collection is taken at the games.

CALGARY CORNER GIRLS' CLUB

This Club has an average attendance of eleven, and has three more members this year than last. They took the Home Economics Course and at one of the meetings all made the Home Economics Course book cover. A special meeting was held at which the mothers were invited and the dinner was all made by the girls following the Household Economics Course recipes. It was a most enjoyable event. Parties were held at Hallowe'en, Christmas and St. Valentine's Day. The girls went for a hike in April and held a supper for their mothers in May. Demonstrations were given on making footstools from Jap orange boxes and all the members made one. Woollen owls were made for the Red Cross Hospital children. Each member brings one cent to each meeting to buy something for the Red Cross Hospital. A felt pillow was raffled in May. They had a delegate at the 1933 Convention and she brought back a very helpful report.

EAST GARDEN PRAIRIE GIRLS' CLUB, BARONS

This Club has an average attendance of eight, with one more member than last year. They took the Home Economics Course. The members spent an enjoyable camping trip at Waterton Lakes. Two softball games were played there. Delegates were sent to the Conference in Lethbridge and to the Convention. A telephone bridge party, held in November, cleared \$13.90. A concert and dance, held in January, cleared \$10.04. An Easter bridge party cleared \$6.75, and a dance in June cleared \$15.00. Old-time dances were danced at one of their social meetings, and a Christmas party was held and all exchanged gifts. In February the Club entertained their mothers and the members of the Women's Institute. They gave an exhibition of their handicraft work at this meeting. Very interesting and educational papers have been given at the meetings.

EXCELSIOR GIRLS' CLUB, SPRING COULEE

They have had an average attendance of thirteen, with three more members than last year. They put on a play, and a letter of thanks was sent to Mrs. Holland who helped direct the play. Mrs. Doyley made a wool cushion for the Club to sell. Candy was raffled at a dance held in February. At one of the meetings a demonstration on making pie crust was given. A Mother's Day banquet was held and each mother was given a pink carnation, and a very interesting programme given. A softball team has been organized.

GOLDEN HOPE GIRLS' CLUB, MILK RIVER

They have an average attendance of twelve, and have five more members than last year. Five cents is paid at each meeting by each member. A birthday party is given every two months, sponsored by the girls having birthdays in those months. They took the Home Economics Course. The Supervisor is giving a prize for best paper given. Delegates were sent to the Convention and Constituency Conference and good reports were brought back. A trip was made to Henderson Lake in August. Demonstrations have been given on making devil's food cake, Singercraft, and embroidery. A bake sale was held in September that cleared \$5.15, and a grab box cleared \$2.70. Robina Hunt sold poppies on Armistice, and Christmas Cheer was given local children. A card party cleared \$9.23, and proceeds from a play were \$22.18. A parcel sale, held February 23rd, cleared \$6.94, and a bake sale netted \$6.75. Tickets are being sold on a quilt made by the girls, and a doll raffled at a meeting cleared \$7.65. The Club held a shower for one of their members who was married recently.

HUSSAR GIRLS' CLUB

This Club has an average attendance of seventeen and are taking up Guide work. They sent for magazines and are doing quite a bit of charity work. Rev. Gordon gave a message to the girls at one of their meetings. The Club had a booth on the 24th of May, and are spending their holidays at Sylvan Lake.

KINNIBURGH SUNSHINE GIRLS' CLUB

This is a new Club since last Convention and had average attendance of nine out of eleven members. They had a weiner roast and coasting party. A delegate was sent to the Lethbridge Conference. A demonstration was held on applique work, and at another meeting cushions were shown. Each girl made a block for a quilt. A number of the members attended the movie "Little Women." A concert and dance was held in April which proved a great success. Ten cents was charged for the concert and twenty-five for the dance. Club members wore green paper aprons trimmed with white when serving lunch.

KAPITAL KIDS' GIRLS' CLUB, COALDALE

This Club has had an average attendance of eleven, with four more members this year than last. They took the Home Economics Course. Novelties were sold at five cents each at a pie sale that was held in December. Flowers were sent to sick members, and the girls entertained their mothers at the December meeting. Delegates were sent to the Lethbridge Conference. At one meeting they had a demonstration of making a mystery cake. They are making a Yo-Yo spread and are raffling a quilt.

LOMOND GIRLS' CLUB

They have had an average attendance of twelve, and have four more members this year. Some members, instead of going camping, attended a movie in Vulcan. A cushion was made by the members and sold. A weiner roast was held for the High School students. Several

dances were held and a play, netting \$27.00, was put on in April. Demonstrations were held in making hairpin work and candy. Prizes were given by the Supervisor for those who recited the Code the best. On Mother's Day the Club members attended church in one group. Plans are being made for a miniature golf course.

MERRYMAKERS GIRLS' CLUB, MANYBERRIES

This Club has had an average attendance of thirteen, and has three more members than last year. They held a play in November that cleared \$23.00. In January they served lunch at a dance and held a dance on April 16th. They organized a basketball team and rented the Hall, paying \$25.00 for the use of it for the basketball games. They are raffling a cushion.

HARMONY GIRLS' CLUB, MACLEOD

They have an average attendance of ten, and have five more members than they had last year. They hold two meetings each month—one business and one social. They sent a delegate to the Lethbridge Conference, and she brought back a good report. A wool cushion was made and raffled at a dance. The Club entertained their mothers on May 14th. They had a short play entitled "The Club Faces the Facts." A softball team has been organized.

SUNNY SOUTHERNERS' GIRLS' CLUB, LETHBRIDGE

This Club has an average attendance of ten, with one more member than they had last year. They took the Home Economics Course. Each girl gave a talk at each meeting. Several social meetings were held and one taffy-pull was greatly enjoyed. They gave a cheque for \$5.00 to the Herald Christmas Cheer Fund. A cedar chest was raffled which cleared \$67.25. On December 7th a theatre party was held and all the members exchanged gifts. One interesting meeting was a discussion on how a bedroom should be furnished and decorated. In May a picnic was held at Henderson Lake, at which softball and other games were enjoyed by all.

STANDARD JUNIOR GIRLS' CLUB

This Club has had an average attendance of eighteen, and has eight more members than last year. Demonstrations have been given at their meetings on how to set an invalid's tray, life saving, bandaging, painting on glass, and tooth brush holders made from cigar boxes and stencilled. A Mothers' and Daughters' banquet was held in November and the Senior Girls' Club and Women's Institute members invited to the October meeting. Papers were given on "Lunches for Hot Days" and "Cool Drinks and Their Preparation." They had a sale of home cooking and home-made lotions, clearing \$11.00, and sold hot pot holders at the Seniors' tea. Each member has a gym suit, and all are taking physical drill. They have started a fund for a piano for the school.

STANDARD SENIOR GIRLS' CLUB

They have had an average attendance of ten, and have one more member than they had last year. They have organized a softball team, and all are taking physical training exercises. They had two team in July that brought them \$18.00, and another in October that cleared \$24.00. They gave this last amount to the Piano Fund. They entertained their mothers and the Women's Institute members in November and the Junior members in October. They had a demonstration on sewing, and sent flowers to the sick.

TURNER VALLEY GIRLS' CLUB

This Club has an average attendance of nine, and has five more members than last year. They are making a cook book, and at each meeting every member pays five cents. They had several very successful dances.

JUNIOR MIZPAH GIRLS' CLUB, VAUXHALL

They have had an average attendance of nine, with two more members than last year. They took the Home Economics Course. The members embroidered quilt blocks for a quilt which was raffled on May 24th. A prize was given Louise Bailey for the best programme book. Flowers and fruit have been sent to the sick. They held a very successful card party and dance in February.

WEST GARDEN PRAIRIE GIRLS' CLUB

This Club has had an average attendance of ten, with five more members than last year. Very interesting papers have been given at each meeting and are especially interested in countries of the world. They fine each member not prepared with an answer to roll call five cents. They made a quilt and raffled it, and several very successful dances were held. A book was sent to Mrs. Cook as a token of appreciation of her kindness to the Club. Several delegates attended the Conference and a splendid report was brought back to the Club.

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**Synopsis of Lectures on Dramatics as given by
Mrs. Elizabeth Haynes, Director of Dramatics, University
of Alberta.**

There have been three great dramatic movements in the history of the world, and this is the third one. The first one is the age of the Greeks, the second one the age of Shakespeare. Then there is the last one, and this is the one today.

Dramatics is pretending to be something you are not, which is common to humanity. If you get clearly into your heads that dramatics are not you, but something belonging to you, you will have no difficulty. I am sure at times you, yourselves have got all toggled out in your mother's clothes, and you took your hair and nobbed it on your head and pretended to be something you were not.

Before man developed the intelligence that we maintain today, he felt an urge to move his body to a certain rhythm, and he did. The North American Indian moves his body to the beat of the tom-tom. An Indian was watching his wife sow the corn, and he saw that her hand moved in a definite rhythm as she sowed the corn, and the next time he moved his body in a rhythm; he added a pattern. Later on he grew up and watched the movements of a bear or deer, and the next time he danced he added to his motion a pattern to imitate, and he danced a dance like a bear. Therefore it turned from motion into an imitation, and last of all he mimed with words. First of all with just body and motion, then he mimed to a pattern, then imitatively, and last of all he mimed with words. I wish to impress that last part on your mind—last of all he mimed with words. So many amateur actresses say, "I have a good memory," but learning the line is the last thing. But do not leave it to the day before you go on. Remember the light of life is motion. If the heart stops moving, your life stops moving. So in dramatics. The LAW OF DRAMATICS IS THE LAW OF MOTION—the human body in motion, and that is all it is.

There are various kinds of motion, and as well as remembering motion is the important part of dramatics, we must remember that that motion must be motivated. It has to be motivated, and when you see

someone using a motion that does not develop character or a thing, see to it that they are stopped. Do not let an actor use unmotivated action.

There are four kinds of motion.

1. Germinal (to and fro).

Ordinary motion is the first, motion to and fro—moving from place to place, chair to chair, and so on. When you start your first formal motion to and fro, keep those directions in the text you have bought which are absolutely essential—exits and entrances. See that nobody moves on the stage unless there is a reason. It is better to build in your own to and fro motions. You will find when you look over a well-built play that each scene is divided into little scenes, and that the person telling the story has the dominant stage position.

Exits and entrances are very important. When you are ready for your entrance, think yourself into your part. Mr. George Arliss, Miss Marie Dressler and others will allow no one to speak to them for fifteen minutes before they enter. Watch your entrances and also your exits. Never exit when another character is speaking, except when you are expected to be rude, because if you do, you destroy the line of the person who is talking. So see that your exit lines are broken and that the last line is taken at the door. Always learn this GERMINAL motion with your lines. The to and fro motion is just as important as the lines, and are learned together.

2. Axial (Pantomime).

The second form of motion is sometimes called motion pantomime. When you are called upon to act a character, find out how the person walks. It is of importance to watch your walk no matter what you are doing. The position of the feet is important and should be watched. You can suggest any type of character by the feet. The torso is the centre of all motion of body. The minute the chest is hollowed, it suggests old age and weakness, etc. Then there is the matter of the chin. You can tell any story you like by the positions of the chin. Hands are of importance. An upturned hand means receiving, and a down-turned hand, refusal. When you get a part to do, you must decide about the character. Find out all about his upbringing; find out where he lived, and how; find out all the things he would do. Study your character well and pantomime.

3. Vocal (enunciation, pronunciation, articulation—teeth, tongue, lips).

The third form of motion is vocal, the motion of the human voice. There are two kinds of voices—excellent, or sweet voices, and bad voices. Force the voice down and breathe deeply. See that you have a well developed diaphragm. All sound should be produced from the diaphragm. Next get your throat open and see that the tongue is down in the mouth. All speaking should be done on the out-going breath. The voice itself in dramatics must be taught to have motion for three things—for speed, for pitch, and volume. You should be able to speak real loudly or in a whisper. Enunciate properly, whether you whisper

or whether you should see that the word is correctly formed. In speed you must learn to speak slowly or quickly and use the speed needed to picture the emotion. You must learn to change the pitch. With every change of mood there should be a corresponding change in pitch of the actor's voice.

4. Vortex (sympathy, memory of emotion).

This is the last form of motion and is the hardest to describe. We call it Motion Vortex, and it is of extreme importance. Unless you remember the emotion you cannot reproduce it. It is no use of giving an example of anger by a fisherman's wife when you are a lady. You must characterize it. You must find out what the emotion is, and you must portray it in your body and in your face. Every good actor portrays his emotion first in his eye, then it comes in the body, then in the face, and last of all in the voice.

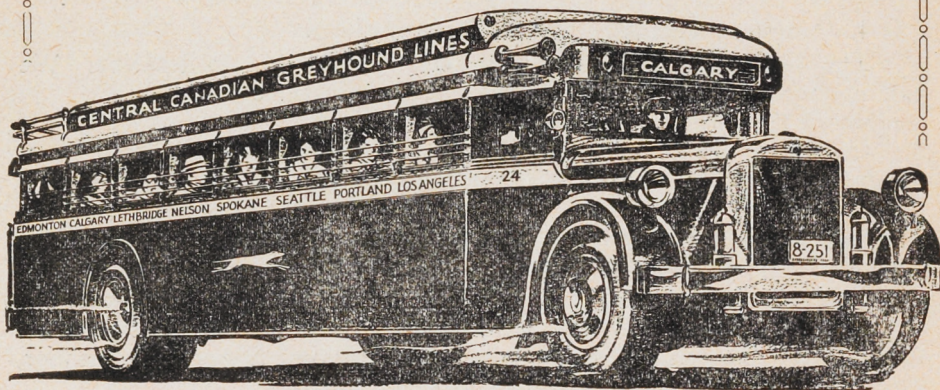
You can never learn to act by under-acting: you may over-act, but that is better than under-acting. You must seem natural, but seeming natural and being natural are two entirely different things. Remember, on the stage you must exaggerate to seem natural.

Usually when you decide to do a play you write to a publishing company and you get a play. I appeal to you to get the royalty plays, and pay the royalty. You read the play over first. Then you put on the furniture. A famous German says, "A stage is a plastic lighted space in which an actor may move freely." You cannot move freely on a stage clustered with furniture. So find out very definitely how much of your furniture is absolutely essential and get rid of the rest of it. Then get in your motions, scoring out all those in the book that are not suitable.

The stage should be a raised platform, table height. For drapes, curtains, scenery, walls, etc., use Hessian or Monk's cloth. Hessian is ordinary gunny sack and is very cheap in price. Never use fine material nor shiny material on the stage. There should be no overhead nor footlighting. Place a flood light on window on one side, same in window on other so that the light crosses on eye of actor. In any setting an ounce of suggestion is worth a pound of detail. Watch the line of setting and have artistic arrangement of furniture.

For the stage make-up, first apply cold cream. Wipe off well and put on base-grease paint, pink, flesh, sallow, juvenile, robust, cinema yellow or moving picture orange. Pink is used for girl, pink mixed with juvenile is for robust, sallow is for old age portrayal. Then rouge the cheeks, following the triangle on the cheek when you smile; heaviest on the cheek bones. Shade eyelids with blue in color nearest to eye color. Line eye one-eighth inch from nose and extend line past outer edge of eye an eighth of inch. Pat on powder all over face, lightly rub off and with vaseline on a cloth wipe off eyebrows and lashes. Old age makeup is the most difficult, and the secret is not to use black lines, but high lights and shadow. For every high light there must be a shadow. Use dark maroon for line and on each side of it a yellow line to high light it. For sunken eye, use maroon line all around eye, rub well in and take yellow liner and edge it all around.

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By MRS. R. E. WOOD, Provincial Supervisor of W.I. Girls' Clubs.

POSSIBILITIES OF GIRLS OF TODAY

Perhaps of all the startling and surprising chances that the Twentieth Century has brought about, nothing more startling or surprising has happened than the change in the feminine world. Of a sudden, the old world wakened up and discovered that the girl of today is quite a distinct personality to her sister of yesterday. No longer is she a mere appendage of man; she has a life and a purpose of her own, an individual place in the history of the nation and the world. Today the girl and her place, the girl and her influence, the girl and her rights, are forever in the public mind, so that it is a time of rare privilege, and we need to be glad we are alive in it.

Time was when, after a few short years of so-called education, which education was supposed to be finished and the age of eighteen or so, the girl sat down and waited for some prince of the other sex to come along and rescue her from the eternal disgrace of spinsterhood, and to this she looked forward as her one aim and purpose in life. This aim accomplished, as an individual she was then lost sight of—her life as a distinct human being was ended, though, supposedly, as the story-book told us, she lived happy ever after.

But, alas, for her less fortunate sister into whose life no Prince Charming ever came. For her, nothing was left but to stay on in her parents' home. Then when that abode was no longer open to her, as a very great privilege she was permitted to care for her brother's house or her sister's children; a blessing, perchance, but viewed half-askance by the very ones she blessed, because, was she not that very much-to-be-pitied person and not really essential to the life of the world?

Today the girl is finding her own individuality, and at the age of maturity, whether married or single, the privilege of being a woman with a woman's place in life is only just fairly begun. Thus this may be termed "the age of woman's self-expression," for this is essentially true and the message that must needs be brought to the girl of today who is to be the woman of tomorrow, is that she make of that self something which is **worth** expressing if she is to be a new power and compelling force in life.

Our grandmothers used to teach us as children, that the girls that are wanted are good girls, which statement is just as true today, except that this age would add: "Be not only good, be good for something," for if we are counted at all we must be counted on the credit side. So the girl of this age needs to remember that the happiness of her life and her power and place in this world, and the world to come, depend on how she spends the days of her girlhood and young womanhood, if she would make the most of the privilege which is hers through living in this present day. Not that her days must be sad days, or joyless days, or dull days. Every girl has the inborn right not only to be always "delighted and delightful", not only to be always happy and glad, but to make others around her glad by her very presence. And, above all, she needs to realize that nothing else will count so much, in winning her a place an influence in life, as the happiness of her own soul and the sweetness and loveableness of her own personality. Yet, today more than ever before the days of her girlhood should be thoughtful ones, each of which will have its part in making her a power in the home and the nation.

But alas, some of our girls have gone clean amusement-mad and fritter away their time in an empty enthusiasm. It would seem that the only thing worth while is to have all their waking moments filled with a so-called "good time." Of course, we are entitled to some good times, the very best times we can possibly have, but are the most popular amusements of the day really good times after all? Are they not more a frantic effort to keep up with one's nerves, which seem always to be driving one on and on to doing something more exciting, more madly gay than the week before, and to doing it, too, in the lamplight of publicity, else what's the use? Not only must one give a gayer party or a newer dance than one's best girl friends, but one must have it written up as such in the social column. I wish I could impress the fact, that there is no harder nor more futile work in the world than chasing a

"good time." Only a shallow girl would be satisfied to live such a butterfly existence. She would be much happier if she had a real hobby of some sort, whether she earned her own living or not. Then sooner or later every girl will learn, as her brother learns, that just doing something worthwhile, having some place and work in the world, is the **greatest** fun of life, and that in doing it lies the only chance for the development of her spirit and her life.

Just here is where the rare opportunity of living in the twentieth Century comes in. No such opportunity of self-development has ever been given our sex through all the centuries past. But we should be careful, then, to know how a girl should equip herself in order to develop into a young woman, able to meet the problems, work, responsibilities and joys of life. A great deal depends on her training. What shall we help her to choose? She may work at home or in outside employment; but she needs certain training.

First the girl ought to know how to keep well. Good health is a precious possession. If the girl is to be a home-maker she needs good health. What a sad place a home is if the home-maker is a constant sufferer. If the girl is in a shop, a factory, an office, a telephone exchange, a school, or a hospital, unless she is a reasonably healthy girl her success in her work is greatly lessened, if, indeed, it is possible for her to succeed at all. So, no matter what the girl is to do, she should be healthy.

But she requires certain definite kinds of knowledge so that she may know how to keep well. The first is knowing what to eat. There is scarcely anything that interferes more with the health and success of the girl worker than ignorance of what is nutritious food. Our ideal girl will learn food values and how food should be prepared, and see to it that her meals provide sufficient nourishment for her work.

In order to be healthy, girls must know how to dress. This should include some knowledge of making of clothes, how to cut out, how to sew, and also some skill in mending and re-modelling.

In order to acquire skill in the management of food and clothing, and so ensure her health, a girl must understand the management of money. Some day she will have the spending of an income. Either she will earn the income in paid employment, or it will be her work as a home-maker to manage the spending of the house money. The girl should learn how to divide her income, to allot so much for food, so much for clothing, so much for shelter, so much for improvement, recreation and holidays, so much to be saved, etc. Few things which the Twentieth Century girl can learn will stand her in better stead in everyday life, or help her more constantly, than knowing how to spend her income wisely, honestly and helpfully.

I have spoken at some length about food and clothing as they affect health. Quite as important to health are rest and recreation. A girl needs not only plenty of refreshing sleep, but some play also, and what most people call "good times." The ideal girl is healthy and happy; she

sleeps eight hours or more at night, and plays a reasonable part of her time. Taking hikes, engaging in games, not too strenuously, picnics and excursions, skating and dancing, etc., all may be made enjoyable and delightful and should help to keep girls healthy as well as happy, if they are planned with good sense and restricted to suitable times and places.

Then, too, the ideal girl will help others to be as healthy and happy as she is herself. Part of the value of knowing how to keep well is that it teaches us how to keep other people well. We should know how others should be fed and clothed and cared for. The Twentieth Century Girl needs some knowledge of nursing—it is not necessary for her to be a trained nurse, but she should have some of the general knowledge and skill of the trained nurse.

Health depends also on cleanliness, inside the body and out; this means cleanliness in every respect. The girl should learn as soon as possible that her health as well as her appearance will depend on her taking daily exercise. Other aids to health and happiness are sunshine and fresh air, drinking plenty of water, useful work, and good temper.

Then in her training our ideal girl needs to know something of the importance of friendship. The best gifts in the world are love, kindness, faithfulness, sincerity and purity. It is through our relations with other human beings and our love for them that we begin to really live and understand the love of God. Our girl must also be taught self-control. The mother should cement the bond of sympathy between her daughter and herself, so that she may successfully guide her in self-control. Good books, right friends and wholesome thoughts are other essentials in this training of self-control.

There are many other things for the training of our girls to meet the work-a-day world, but time will not permit me to go into further detail. Suffice it to say that our Women's Institute Girls' Club programme of activities is planned to assist in training our girls along the lines I have dealt with.

When considering the employments of today, girls of the 20th Century may well look back through the long ages to women's work in the past. The study of anthropology appears to indicate that in primeval ages women began the textile industry and, possibly, agriculture. There seems to be no doubt that they were primitive architects, and that they trained some of the smaller domestic animals. They had most to do with the preparation of foods, and may have introduced the use of herbs and medicines. They were spinners, weavers, upholsterers and sail-makers. Most of these employments were taken up by men and specialized and developed. It is evident that women have always worked, and worked hard. If they had not done so, the race would not have reached its present position, and women themselves would have remained undeveloped, without a realization of their own possibilities.

The industrial arts of the home in Anglo-Saxon times, such as spinning, weaving, dyeing, embroidering, etc., have gradually grown into modern factories, and women followed their work to large establishments, where they were trained to work collectively. Machinery has made it possible for women to perform work for which their strength would have otherwise been insufficient. Through the industrial revolution, brought about by factory work, the general body of women workers became wage-earners, rather than unpaid workers, who contributed to the financial earnings of their fathers and husbands.

In Canada, the process of development of women's work in the past fifty years has been rapid. The grandmothers of the women of this generation carded wool and used spinning wheels, used the bake-oven out-of-doors, and dyed her homespun with butternut. She made her own soap, moulded candles in an iron mould, and ground her own flour. Household industries were carried on expertly in the homes of pioneers by the women of the family.

When these days had gone, there followed other days in which the children of the pioneers devoted themselves to the schooling, so highly esteemed, but rarely enjoyed by their parents. The girls, after school-life, taught school, were milliners or dressmakers, went into shops, or became the wives of nation builders in every walk of life. A few, very few, were nurses, journalists, doctors or missionaries.

The work of that generation has been followed by a century in which Canadian girls are invited to share in nearly every form of activity. This great freedom, with its many opportunities, has come for noble ends. What the girls of today must strive to do is to take up their work with a vision of what it may be made to mean, that is, men and women in co-partnership laying the foundations of a new earth.

The increasing opportunities of girls, both in home-making and outside employment, are likely to become a contributing factor in the humanizing of every form of industry. Canadian girls have a wide field from which to choose their particular form of occupation.

Every year new varieties of employment and new positions in old employments are being added to the field of work for girls and women. Work at home is being systematized, and new devices are increasing the efficiency of the home. Among the girls who are beginning work today are many who will develop further the management of the home on modern economic and social lines.

But what of the workers outside of the home? Already women are making a business of growing vegetables and flowers; are engaged in the work of poultry farms, bee-keeping, and in dairy production. Women are undertaking the work of chemical experts in factories. Girls are driving motors and taking up mechanics. They are shopping experts and guides, employment experts, house furnishers and decorators, agents for renting houses, and are becoming experts in testing flour in great milling industries. Hundreds of thousands of girls and women are in work as factory workers, saleswomen, stenographers, houseworkers, waitresses, dressmakers and seamstresses, teachers, nurses, bookkeepers and telephone and telegraph operators.

Domestic science is opening up many avenues of employment for girls—the management of clubs, hotels, restaurants, tea rooms, cafeterias and lunch rooms in connection with colleges, departmental stores, dieticians for hospitals, institutions, etc. Girls with domestic science training are fitted to hold the most responsible and remunerative posts in housework, household management, cooking, and all the arts of the home. There are many possibilities in household work and domestic science which have not yet been realized.

Hairdressing, shampooing, manicuring and chiropody are almost exclusively the work of girls and women, and the field of barbering is open to women now. Library work, although unusually attractive, does not employ a great many workers, but this field includes librarian, cataloguer, reference librarian, and circulation librarian. In music the gifted girl may be a teacher, or she may appear in public as a concert player or singer or accompanist, and then the radio calls for artists in that line.

Journalism, short-story writing, advertising writing, commercial art and advertising offer enjoyable fields for the gifted girls. The multigraphs, adding machines, comptometers, etc., offer employment to the girls who are of a mechanical turn of mind or who have considerable manual dexterity.

The number of women who act as insurance agents is increasing; women lawyers are doing good work, and the woman physician is an important social force in modern life. Dentistry offers to women a good field of employment, and so also does pharmacy. A number of women find employment in the civil service, and women are commercial travellers, conductors of entertainments, pageant managers, window decorators, brokers and financial advisers. Architecture and house-planning and landscape gardening are fields of work not yet occupied to any extent by women.

Summing up what we have been able to learn and what the world has learned about employment, it is generally agreed that hard work is best. By that is meant, work which requires from us the putting forth of all our energies and which call for all our gifts. The girl who goes forward into her life's work with determination to do her best is certain to find usefulness and happiness in her employment. And remember, Oh Girl of today, you who will be the woman of tomorrow, that the world has need of you, Canada has need of you, and that the greatest need and your greatest service to humanity is kindness, love, sincerity and faithfulness. See to it that everything you think, learn and do assists in making you a more womanly woman, a better companion, a more capable wife and a truer mother.

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World Peace and Disarmament

The Essay That Won First Prize in Essay Contest.

Written by VERONICA DAVIES, Alix.

Prize donated by Mrs. E. A. Oatway, W.I. Convenor of
League of Nations Committee.

When we talk of disarmament and peace, we are really thinking of war and the prevention and extermination of war. This cannot be done by further wars. The last war was described as a war to end war. A war to make the world safe for democracy. Instead of ending war it has left hates and fears, breeding places of further wars, and out of its chaos have arisen the dictatorships of Italy, Germany, Vienna and Russia, and so neither is war dead or democracy safe.

Since 1918 the world has been trying to rid itself of this menace. The League of Nations was formed in 1919, with the express purpose of obtaining world peace. For war is war—in 1934 as it was in 1914—but it is not the same thing. It is far more deadly. To some extent the League has prevented this evil thing. But the world is rapidly re-arming, and Disarmament Conferences end in disheartening failure.

Why is the world in this state of fear and stress? Let us review the subject:

The Honorable R. J. Manion, on his return from Geneva, said that after delivering several lectures in Canada he was impressed with the way the minorities in our country yielded to, and welded with, the majorities, and were an object lesson to Europe, where the minorities which will insure world peace.

To understand the situation in Europe, let us imagine Canada divided into two parts—one east, the other west of Winnipeg. The eastern half, divided into twenty-five or thirty nations, with barriers of trade and language, all armed to the teeth. Europe is sitting on a powder magazine, waiting for some irresponsible leader to throw the lighted cigarette of unconsidered words into its midst to blow it to smithereens. President Wilson, with the highest motives in the world, seeking to restore the nations to their own countries, laid the foundation

of unending disputes. Let us look at the map of Europe in 1913 and 1923. We find eight new countries formed and other countries broken up beyond recognition. Poland has recovered her boundaries. The countries of Czecho-Slovakia, Yugo Slavia (once Servia with additions from Austria), Hungary, Latvia, Esthonia, Lithuania and Finland have been formed, and are a constant source of dissention. The minorities within their borders aid the countries from which the slices were cut out, crying for revision.

The great bones of contention are the peace treaties, chiefly the Treaty of Versailles. It stands as a stumbling block, checkmating every move in the direction of disarmament and ultimate peace. In consequence we find nations, excepting Germany, arming furiously.

In 1913, \$2,500,000,000 were spent on arms; in 1930, \$4,000,000,000 were being spent. When we realize that the cost of the League of Nations, the chief weapon for disarmament, is only 1/500 to 1/1000 of this, we wonder why the world is trying to reject the League.

The nations' traffic in arms amount to between forty and sixty million dollars in a world which is longing and seeking for peace.

And strangely enough, the peace treaties are antagonistic to peace. They were formed in 1918, in the heat of victory, in the lust of hate; framed with the desire of revenge by the victor. Their policies of frontiers, armaments, reparations and national security, cause continual frictions between nations trying, apparently, to come to some decision which will insure world peace.

The French, Poles, Czecho-Slovakians, Roumanians and Yugo Slavs (the latter forming "The Little Entente") are anxious to retain the treaties in their present form. They have regained their freedom and their boundaries and are unwilling to yield an inch for fear they lose these precious possessions. These countries represent 100,000,000 people and cannot be ignored. They are willing to disarm if the Kellogg Pact and the Treaty of Versailles are not changed. They are more heavily armed now than in 1918. France places security before all things and will neither disarm or permit Germany to re-arm until she is sure of it.

Germany, Austria, Hungary and Bulgaria are against the Peace Treaties. The Treaty of Versailles limited Germany to 100,000 armed men. The Germans, a nation of 65,000,000 people, who before the war were leaders of commerce and industry, feel they are being treated unfairly, and forced to accept an inferior position, especially when surrounded by heavily armed nations. Germany demands equality in arms with the other nations, and France is firm in her refusal. As late as April the discussion between France and England broke down on this very point. All Britain's entreaties avail nothing against France's fear of German invasion. Germany forgets the tragic pasts of France and Poland—France has had two wars in less than two generations, in 1870 and 1914. The flower of her manhood has been wiped out twice in less than a hundred years. From bitter experience she is afraid of 65,000,000 people, thirsty for revenge. She wants to feel secure against them.

Poland was ruthlessly divided up between Russia, Austria and Germany. The people languished under foreign rule, dreaming ever of freedom. Germany casts envious eyes on the Polish corridor, which is Poland's only connection with the sea. And Poland clings firmly to her precious possession and sees no reason for revising the treaties.

What has been said of France and Poland may be repeated, pertaining to the Little Entente. Their countries have borne foreign yokes for many long, weary years. Italy and Germany cast envious eyes upon them, and them feel security only lies in the Peace Treaties. The following words, spoken by Nicholas Titescu, Foreign Minister of Roumania, are proof of that country's determination:

"Inasmuch as there has been so much lying about this matter, it cannot be held against us if I proclaim, in my name, and in the name of Dr. Benes: 'Revision means war. We do not want war, but for that very reason we do not want revision. If someone wants revision and war we will not be intimidated and will be strong enough to repulse such an attack.

"'Not one square centimetre of Little Entente land will be given up by us or won by force. Those who do not respect the will of the Little Entente—which means the will to preserve the inviolability of peace treaties—are brewing war.'"

Canada, as part of the British Empire, together with the United States holds the policy that general world disarmament should begin at once. They do not believe that France, Germany and the Little Entente should be given any further guarantees of security. The belief of Britain and the United States is that "The way to disarm is to disarm." And yet anyone who has been recently to Europe says that the re-arming of the nations is obvious on all sides. Magistrate Scott, of Calgary, on his return from Germany last fall, said that one had only to be in Berlin three days to see indications on all sides of her preparations for war. And yet German authorities are always fearful of arousing suspicion and continually declaring that they do not want war. General Goering made this statement to the press:

"I am no prophet, but no one can deny that there is an abundance of possible causes for war. I hope that enough people are still alive who remember the last one, and realize that wherever a new war started it would spread everywhere until European civilization perished in a universal blood bath."

Hitler's right-hand man strongly denounces war, while his leader utters warlike threats.

The North American continent is waiting patiently for Europe to disarm and is ready to follow suit. The policies outlined above, however, are the root obstacles to disarmament and world peace and are as far apart as the poles. There is more distrust among European nations today than in 1913. Millions died to change these conditions, and yet their sacrifice will have been in vain if we cannot get peace.

Thus is summed the obstacles in Europe to World Peace.

In the East, Japan is bent on a policy of aggression. She invaded Manchuria in 1932. The League of Nations, appealed to by China, called Japan to order. She ignored the League, however, and when called to order again because she had broken the Nine Power Peace Pact, Japan resigned from the League. The excuse was that she was defending her property from Chinese banditry. She conquered Manchuria and made Henri Puyi its present ruler, and making him, in 1934, emperor of the new State of Manchukuo. Her latest act of aggression was to issue a mandate of "hands off" to all the white nations. The Chinese see in this an effort to dominate the whole of North China. Japan has warned the League that she must not help China as this is not to the best interests of China.

America is worried by Japanese aggressiveness and feels that the latter's "hands off" policy is directed towards herself. Japan has advanced rapidly in her demands for power since her twenty-one demands to China in 1915. There is a grave menace to Canada in this policy of Japan, for if war came with America, British Columbia would be Japan's logical naval base. On May 23rd there is to be a disarmament conference at which Britain vows there will be an arms showdown. Let us hope they meet with success.

And what of the other enemies of peace? The situation is aggravated by newspapers which publish false reports for the sake of sensation and increased circulation, e.g.:

"Can America beat Japan single-handed? My conviction is that she can AND WILL." (Count Folstoy in Liberty).

Aristide Briand once said: "Articles against peace are written with pens made with the same steel as cannons and shells."

But the arch-enemies of peace are the armament makers. Here are the accusations against them:

1. That armament firms have fomented war scares.
2. Have attempted to bribe government officials.
3. Have spread false reports concerning military and naval programmes of foreign countries in order to stimulate armament expenditure.
4. Have sought to control public opinion through control of the press.

And all this has been done for greed.

Is disarmament a dream? Will not the dream of the lovers of peace come true as other dreams have?

The children of the world, linked by chains of brotherhood, educated in international understanding, will refuse to fight one another and will lead the world to glorious peace.

List of Material in W.I.G.C. Library.

Domestic Science—

- The Sew It on Book.
- The Make It Book.

Health—

- Sunkist Bulletin.
- Health Heroes.
- The World's Greatest Doctors Lead Lou to Health.
- Health.
- Care of the Teeth.

Citizenship—

- History of Disarmament.
- International Friendship.
- Canadianization.
- School Festivals.
- The High School Problems.
- Radio Address on Canadianization.
- Radio Address by Dr. Coffin, Prin. Calgary Normal School.

Nature Study—

- Habits of Butterflies and Moths.
- The Romantic Story of Silk.
- Signs of the Zodiac Fully Explained.

People of Importance—

- The Life of Alfred Tennyson.
- The Life of Alan McLeod.
- The Life of a Canadian—Sir Arthur Currie.
- A Canadian Poetress—Jean Blewett.

Plays—

- The Development of the English Drama.

Miscellaneous—

- What It Means to be a Canadian Woman.
- Let Us Take a Look at Ourselves.
- Wills.
- The Writers of Hymns.
- The Preservation of Our Mother Tongue.
- The Little Red School House.
- Friends.

Industries—

- New Canadian Industries.
- Paper from Waste Straw.
- The Woollen Industry.
- The Salmon Cannery.
- Beat Sugar.
- The Life of a Foreign Country.
- Peace River—A Land of Opportunity.
- Florida—The Fountain of Youth.

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Synopsis of the Address on Foods.

Given by Miss McIntyre of Olds School of Agriculture

Foods are divided into classes—

- (1) Proteins to make muscles and found in milk, eggs, cereal and meats.
- (2) Carbohydrates and fats, which are energy building foods for heat and found in starchy foods, cereals, sugar, cream, butter and all fats.
- (3) Vitamins and Minerals. These are the vital spark and some minerals should be in the diet every day. They are:
 - (a) Calcium or lime, to make hard bones and teeth. Found in milk. A quart of milk contains four times the amount of lime as is contained in a quart of lime water.
 - (b) Phosphorous, found in egg yolks, cereals, and green vegetables.
 - (c) Iron, to keep the red corpuscles in the blood, found in liver, spinach, all greens, tomatoes, cereals, prunes, apricots and strawberries.
 - (d) Iodine, found in salmon, shell fish and cereals.

The Vitamins are:

Vitamin "A"—Found in all yellow and green foods, butter, cod liver oil, egg yolks, carrots, all green vegetables.

Vitamin "A" makes glossy hair and bright eyes and is necessary for health. It guards against infectious diseases, and total lack of it causes a terrible eye disease.

Vitamin "B" prevents beri beri and pellagra and is found in cereals, milk, vegetables and yeast.

Vitamin "C" prevents scurvy and is found in limes and lemons, tomatoes, strawberries and oranges.

Vitamin "D"—Found in cod liver oil, chicken liver, egg yolks and sun.

Foods are also divided into reacting foods—

- (1) Acid forming, which are eggs, fish, meat, poultry, plums, prunes and cranberries.
- (2) Alkaline forming, which are all vegetables, all fruits (except plums, prunes and cranberries), and milk.

The following Helps on Foods may be obtained from the Department of Agriculture, Ottawa, "School Lunch Pamphlet" and "Healthful Meals at Low Cost, No. 130."

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History of the Alberta Women's Institute Girl's Clubs.

Compiled by MRS. R. E. WOOD, Provincial Supervisor, W.I.G.C.

In 1918, the Home Nursing Instructors sent to the Women's Institute Branches found their Nursing and First Aid Courses were of particular interest to the girls of the communities. The girls of 'teen age were very enthusiastic and they did not wish to give up subject after the three days' instruction. Upon their own suggestion the girls organized Girls' Clubs and appointed Supervisors from the Women's Institutes. When they completed their Home Nursing and First Aid studies, they looked for other fields to conquer. The First Aid Club gradually developed into a society of many interests, each Club supplying the need of its locality. A number of Girls' Clubs were thus organized during 1918, and each Club had its own splendid story of interest. The demands for organization increased, the girls themselves were anxious for social and educational improvement.

In 1919 the Legislature passed an amendment to the Act Respecting Women's Institutes, creating Women's Institute Girls' Clubs. Miss Bessie C. McDermand, Assistant Superintendent of Women's Institutes, was made Superintendent of the Girls' Clubs.

The first Women's Institute Girls' Club Convention was held in Edmonton, Wednesday, March 17th, 1920. The meeting was held in the First Baptist Church and was held jointly with the Women's Institute Convention. Miss Isabel Noble, President of the Provincial Women's Institutes, and Mrs. Fleming, First Vice-President, presided at the meetings.

Following is the programme of that first Convention of Alberta Women's Institute Girls' Clubs:

WEDNESDAY, MARCH 17th, 1920.

9.30—"The Maple Leaf."

REPORTS FROM W.I. GIRLS' CLUBS IN DISTRICTS
Nos. 1 and 2.

10.30—Community Singing—Director, Mrs. Le V. H. Morgan, Columbia University, New York, U.S.A.

- 11.00—REPORTS FROM W.I. GIRLS' CLUBS IN DISTRICT No. 3.
Discussion.
Nomination of Provincial Officers.

Afternoon.

- 2.00—REPORT FROM W.I. GIRLS' CLUBS IN DISTRICT No. 4.
2.45—Folk Song.
3.00—Programmes for 1920—Miss Bessie C. McDermant.
3.45—Report of Stony Plain W.I. Girls' Club.
Physical Drill—Indian Clubs—by members of Stony Plain W.I. Girls' Club.

- 4.10—Election of Officers.

The result of the election was as follows:

President—Miss Edna Francisco, Cavendish.

First Vice-President—Miss Alice Gates, Stony Plain.

Second Vice-President—Miss Minnie Page, Elnora.

Third Vice-President—Miss Della Fleming, Alliance.

Secretary-Treasurer—Miss Daisy Hummel, Milk River.

Directors—Misses Evelyn Joachim, Milk River; Marjorie Anderson, Stony Plain; Mamie Johnson, Provost; Clara Smith, Alliance.

That year there were forty Women's Institute Girls' Clubs in Alberta, with a membership of 840 girls, according to the report of the Superintendent, Miss B. C. McDermant. She said, "The work undertaken by these Clubs varies according to the needs of the community. Many are interested in organized recreation, others in study along literary, dramatic and household economic lines. It will thus be seen, the girls are having their minds filled with wholesome, inspiring and helpful activities. They are learning team work which cannot but develop in them a high state of community consciousness, which will ultimately grow into national and world consciousness.

"We would impress upon the men and women of Alberta a realization of the depth and breadth of the W.I. Girls' Club movement. The Club can be a real vital force to the individual girl, to the community, the nation and society. It gives the community the opportunity to avail itself of the enthusiasm and idealism of the young girls in furthering its various interests. It teaches the girls to think in terms of community good, where formerly they thought in terms of self. The future holds rich possibilities for the W.I.G.C., and we see in them great potentialities for national service."

From June 20th to June 25th, 1921, the Federated Women's Institutes of Canada held their Biennial Convention in Convocation Hall, University of Alberta, Edmonton. It was followed by the Alberta Women's Institute Convention from June 27th to June 30th, after which, on July 1st and 2nd, came the Alberta Women's Institute Girls' Club Convention.

A newspaper report of that Convention has this to say:

"During the year both the President and Vice-President had been married, and the Vice-President, Mrs. George Pugh (formerly Miss Alice Gates), of Stony Plain, presided at the meetings. The attendance was cut down somewhat owing to the first day of the Convention coming on Dominion Day, when there were local sports being held in many of the communities. The W.I. Girls' Clubs now represent about eight hundred members throughout the Province and had delegates from as far north as Waterhole and as far south as the boundary. There are now fifty-four Clubs in the Province.

"A resolution passed at their Saturday's session showed that they are alive to the things that affect girls. The resolution, unanimously passed, asked the Government to provide dormitories for the girls at the Agricultural Schools. They believed that this would be a great social value as well as practical, since the companionship of the girls meant an important part of the course."

It may be of interest to have a copy in full of the programme of this second Convention of W.I. Girls' Clubs to compare with the first one, and also with those of later years.

FRIDAY MORNING, JULY 1st, 1921.

9.30—Registration.

10.00—"O Canada."

Minutes—Daisy Hummel, Milk River, Provincial Secretary
Appointment of Committees.

10.10—Address of Welcome—E. H. Gowan, Premier of Alberta Boys' Parliament.

Reply to Address of Welcome—Minnie Page, Elnora.

10.35—Assembly Singing.

10.45—President's Address—Edna Francisco, Cavendish.

11.00—Club Reports.

Discussion.

FRIDAY AFTERNOON, JULY 1st.

2.00—Community Singing—Mrs. Rose Le V. H. Morgan.

2.30—Club Reports.

3.00—Round Table Conference. Leader, Mrs. C. A. Gates, W.I.
Director of District No. 2.

4.00—Vocal Solo—Minnie Page, Elnora.

4.10—Address—Mrs. Emily Murphy, President of Federated Women's Institutes of Canada.

FRIDAY EVENING, JULY 1st

8.00—Assembly Singing.

Pianoforte Solo—Miss Helen K. Walls, pupil of Mr. H. Wild.

Vocal Solo—Mrs. Haywood, pupil of Mr. Hendra.

Address: "Folk Dancing"—Miss Helen Smith, McCauley School.

Exhibition of Folk Dancing—Pupils of McCauley School,
Director, Miss C. Hyndman.

Vocal Solo—Mrs. McDonald, pupil of Mr. Bateman.

Violin Solo—Miss Adelaide Jackson, pupil of Mr. Weaver.

Assembly Singing.

Play—"The Burglar."

Cast: Miss Mollie McDonald, Miss Gladys Ackerman, Miss Marjorie McMillan, Miss Jean McCaig, Miss Marjorie White (pupils of Ethel Reese Burns, A.T.C.M., Director of Department of Expression, Alberta College North).

SATURDAY MORNING, JULY 2nd, 1921.

10.00—A drive through the city and a visit to Parliament Buildings and Edmonton City Dairy.

SATURDAY AFTERNOON, JULY 2nd.

2.30—"O Canada."

Address—Mrs. W. P. Cameron, Davidson, Sask.

2.50—Vocal Solo.

3.00—Question Period.

3.20—Report of Resolutions Committee.

3.35—Club Reports.

4.00—Election of Officers.

4.30—Address: "Girls' Club Activities"—Mrs. C. A. Gates, W.I. Director of District No. 2.

The officers elected that year were: President, Minnie Page, Elnora; First Vice-President, Thelma Atkins, New Dayton; Second Vice-President, Clara Johnson, Alliance; Secretary-Treasurer, Olive Fleming, Alliance; Directors, Edith Hoy, Waterhole, for District No. 1; Helen Baron, Stony Plain, for District No. 2; Blanche Cox, Edgerton, for District No. 3, and Daisy Hummel, Milk River, for District No. 4.

The Third Annual Convention of Alberta Women's Institute Girls' Clubs was held in the ballroom of the Palliser Hotel, Calgary, June 16th and 17th, 1922, the President, Minnie Page, presiding. This Convention followed the Women's Institute Convention held June 13th to 15th.

Addresses were given by the A.W.I.G.C. President, Minnie Page; by Miss Jean Ramsey, on "Physical Culture for Girls"; by Miss Jessie C. MacMillan, who replaced Miss Bessie C. McDermand; by Mrs. E. S. Kirby, on "Girlhood, Its Advancements and Changes," and by Miss E. S. Storey, on "Living Together."

On Friday, June 16th, the girls were given a ride around the city in the scenic car by the Mayor of Calgary. On Friday evening the delegates were the guests of the Calgary Girls in Training at a banquet in St. Paul's Methodist Church. At luncheon on June 17th the girls were entertained in the Tapestry Room, Hudson's Bay, by the Calgary Women's Institute Branch.

The election of officers resulted as follows: President, Minnie Page, Elnora; First Vice-President, Blanche Cox, Edgerton; Secretary-Treasurer, Mrs. Clara Johnson, Alliance; Directors—District No. 1, Marie Chalmers, Waterhole; District No. 2, Clara Jorgenson, Westlock; District No. 3, Kathleen Ross, Olds; District No. 4, Hazel Layman, Vulcan.

The following resolutions passed at this Convention were important:

(1) "Whereas the Departmental Examinations for High Schools of Alberta are held between June 15th and June 30th, and whereas a great many of the girls of Alberta who belong to the Women's Institute Girls' Clubs are High School girls,

"Be it therefore resolved that the Annual Convention for the Women's Institute Girls' Clubs be not held on or between the dates of June 1st and June 30th henceforth."

(2) "Resolved that the Women's Institute Girls' Club have a Provincial Fund, to be raised by an annual levy at the rate of fifty cents per member; that this sum be raised by whatever means each Girls' Club decides; that the quota be reckoned at the time of the annual meeting, and the amount sent forthwith to the Provincial Secretary-Treas. Resolved further, that this sum be expended according to the judgment of the Executive, and that a duly audited report of the same be presented at the Annual Convention."

The Fourth Annual Convention of the Alberta Women's Institute Girls' Clubs preceded the Women's Institute Convention. It was held in the Arts Building, University of Alberta, May 25th and 26th, 1923, the President, Minnie Page, presiding.

Greetings and addresses of welcome were given by Dean Howes, of the Faculty of Agriculture, University of Alberta; Mr. H. A. Craig, Deputy Minister of Agriculture, and Miss Jessie Lewis, of the Comrade W.I.G.C., of Edmonton.

The President, Minnie Page, chose as her topic in her address, "Girl Problems of Today." Miss Abbie DeLury, Director of the Home Makers' Club, Saskatoon, gave a most inspiring address. Mrs. Margaret Lewis, Factory Inspector, Edmonton, took as the topic of a very interesting address, "Working for a Living." Hon. George Hoadley, Minister of Agriculture, spoke to the girls, emphasizing the necessity of Girls' Club work as a preparation for women's work. Mr. A. E. Corbett, of the University of Alberta, gave a splendid illustrated lecture on "Quebec of Today."

Between 4 and 6 p.m. on the first afternoon the delegates were entertained at the Woodland Dairy. In the evening they were the guests of the Comrade W.I.G.C. and the Edmonton W.I. at an informal entertainment in Athabasca Hall, University of Alberta.

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The elections resulted in the same Executive being re-elected, with the exceptions of District Directors for Districts No. 3 and 4, which resulted as follows: District No. 3, Sarah James, Alliance; District No. 4, Helen Burns, Burdett.

The following resolution was adopted:

"Whereas it would help the Girls' Clubs a great deal to have someone especially interested in girls' work and with authority to give instruction and advice upon request; therefore be it resolved that the Women's Institute Advisory Board include such an officer."

During the following year provision was made for such an officer, and Miss Isabel Noble was appointed W.I. Supervisor of the Alberta Women's Institute Girls' Clubs.

The Fifth Annual Convention was not held jointly with the Women's Institute Convention as formerly. It was held at Lake Edith Camp, Jasper, July 2nd, 3rd and 4th, 1924, with Minnie Page presiding. She chose as the topic of her address, "Broadcast Inspiration."

The chief speaker at the Convention was Miss Esther Thompson, organizer of the Boys' and Girls' Clubs of the Saskatchewan Home Makers' Club. She dealt with her subject, "Purpose and Development of Personal Wealth and Talents," in a series of three talks.

Mrs. Stavert, of Calgary, gave an interesting talk on "Newspaper Work", and Miss Noble gave an excellent lecture on "Interior Decoration."

The resolution that fifty cents per member be paid to the Provincial Fund, that was passed in 1922, was rescinded. A new motion carried: "That the Provincial tax be twenty-five cents per member."

It was at this Convention that a committee, with Mrs. Stavert as Convenor, was appointed to draft a Club Creed. The one which we now have was submitted and adopted.

The first evening, when the girls met around a huge camp-fire, Mr. J. MacAllister, from the Department of Extension, gave a most interesting lecture on "Mountain Formation." He and Mr. Jackson, who was

in charge of the Y.M.C.A. Camp, took the girls for a hike to Maligne Canyon the first afternoon. This was a wonderful trip and Miss Noble was not going to miss it, in spite of losing her suitcase and having no walking shoes nor hiking outfit. She borrowed knickers and shoes from Mr. Jackson and thoroughly enjoyed the trip.

On the second afternoon the girls were given an auto ride to Mount Edith Cavell and Pyramid Mountain. During that evening a pageant was staged by the girls, entitled, "Miss Canada Welcomes the Immigrant." Following the pageant the Jasper Women's Institute royally entertained the girls at a marshmallow roast.

The election of officers resulted as follows: President, Minnie Page, Elnora; First Vice-President, Nellie Barrow, Langdon; Secretary-Treasurer, Mrs. Clara Johnson, Alliance; Directors: District No. 2, Marie Paterson, Edmonton; District No. 3, Mary Faught, Huxley; Publicity Convener, Gladys Ricker, Alliance.

The Sixth Annual Convention of the A.W.I.G.C. was held in Banff, July 2nd, 3rd, 4th, 5th and 6th, 1925, Miss Minnie Page, the President, presided, and chose as the subject of her address, "More Efficient Girls for Canada."

Mr. McAllister, of the Department of Extension, of the University of Alberta, who was with the girls in Jasper in 1924, was with them again in Banff by request. He gave a splendid talk on "The Early History of Banff and District.

Miss Ramsey, of Calgary, was sent by the Department of Agriculture to lead the girls in morning exercises and games. She also gave an instructive and interesting talk on "The Value of Exercises and Games." Miss Noble gave a much appreciated talk on "Pictures." Mrs. Stavert gave a very interesting address on "The Royal North West Mounted Police." Miss Jessie C. MacMillan, Director of Women's Home Bureau, was with the girls, as she was in the previous years, and gave her usual helpful and inspiring talk.

Miss MacMillan was convener of the Committee appointed for the judging of the contests, which were: (1) Bread, won by Miss Bennett, Lundbreck; (2) Essay, won by Helen Bromley, McLennan; (3) Kitchen Apron, won by Evelyn Gathercole, Eagle Hill; (4) Darning, won by Ada Herron, Eagle Hill; (5) Best Report, won by Langdon W.I. Girls' Club. The prize in each case was a beautiful picture, the first four given by Hon. George Hoadley and the fifth by Mrs. Marshall, Calgary.

Eight Clubs competed for the Scholarship given by the Department of Agriculture, but only five had complete entries. Garden Prairie Girls' Club, Barons, won the most points. Ella Barlow and Helen Curle were the girls of that Club who attended the Short Course of a week at Claresholm. Ella Barlow won the year's attendance at Claresholm.

Along with the addresses and business of the Convention many out-ing trips were enjoyed. On the first afternoon the girls hiked to Sundance Canyon, accompanied by Mr. McAllister, who explained points of interest on the way. They came back to the Cave and Basin for a plunge before returning to the camp. That evening an impromptu concert was put on by the girls.

The afternoon of the second day the girls spent in visiting many points of interest—the Zoological Gardens, Museum, Hot Springs, Fish Hatcheries and the C.P.R. Hotel. That evening the girls took a car ride to Lake Minnewanka and enjoyed a delightful boat ride on the lake.

During the afternoon of the third day, July 4th, the girls climbed Sulphur Mountain, and on the afternoon of July 5th the motored to Lake Louise. After visiting the Chateau, they began the climb to the "Lakes in the Clouds" and to the "Beehive." Returning from this climb, picnic lunch was had on the camp grounds near the Chateau before returning to Banff. The party left for Calgary that same evening.

On July 6th they were entertained at breakfast by the Women's Institute of Calgary. From there the girls went to see the Jubilee Pageant. At four o'clock that afternoon they were entertained at tea by the Hudson's Bay Co.

The election of officers at this 1925 Convention resulted as follows: President, Minnie Page, Trochu; Vice-President, Nellie Campbell, Olds; Secretary-Treasurer, Mrs. Clara Johnson, Alliance; Directors: District No. 1, Annette Benoit, McLennan; District No. 2, Selma Ekstrom, Leduc; District No. 3, Minnie Tyler, Alliance; District No. 4, Margaret Ross, Granum; Publicity Convener, Gladys Ricker, Alliance.

The Seventh Annual Convention was held at Lake Edith Camp, Jasper Park, July 8th, 9th, 10th and 11th, 1926. A shady spot by the water's edge overlooking the blue waters of Lake Edith, with that majestic group of mountains known as the Saw-Tooth Ridge, in the background, was selected for the morning sessions.

Mrs. Huyck, President of the Women's Institutes, brought greetings from the mother organization and a gift of a ten-dollar cheque. Mrs. C. A. Gates, W.I. Director for District No. 2, gave the girls a most delightful talk on her recent trip to England, including a vivid description of the Wembley Exhibition.

Mr. McAllister was with the girls again and found no difficulty in holding the attention of his hearers in a most interesting talk on "The Romance of the Jasper Trail." Mrs. Stavert was in attendance also, and this time spoke on "Hobbies." Miss Noble spoke on "Character Culture," and emphasized three points—Know Yourself, Be Yourself, Give Yourself.

A model business meeting was put on by ten girls from Stony Plain and their Supervisor, Mrs. Wood. Hon. Geo. Hoadley spoke to the girls on the "Woman Citizen." The prizes for the competitions were presented by the Hon. Geo. Hoadley to the following: Rosalie Card, Mc-

Lennan, for Doughnuts; Nellie Hudson, Garrington, for Cookies; Edna Card, McLennan, for Bread; Ella Barlow, Barons, for Canned Chicken; Coral Strang, Barons, for Canned Meat; Margaret Mitchell, Hughenden, for Canned Strawberries; Ella Barlow, Barons, for Booklet; Isobel McDermaid, Evansburg, for Essay; Evelyn Gathercole, Eagle Hill, for Nighitie; Ella Barlow, Barons, for Darning.

On the first afternoon the girls hiked to Maligne Canyon, visited the tea room, and Mr. McAllister attempted to show them a short-cut home. After roaming dangerously near gorges, scrambling in underbrush and wading streams, they ended in swampy place. As dusk was rapidly drawing near, they abandoned the so-called "short-cut" and tried to retrace their way to the tea-room, thence by the long route to the camp, arriving nearly an hour late for supper.

During the afternoon of July 9th the girls took an auto ride up Mount Edith Cavell to the end of the auto road. From there they hiked along a well-worn footpath to the Ghost Glacier. The return trip was made by way of the town of Jasper. That evening a most exciting game of basketball was played between the W.I.G.C. girls and Jasper, ending in favor of Jasper. The game was followed by a weiner roast, at which the Institute Camp girls were able to hold their own.

In the evening of July 10th the girls enjoyed a banquet and dance at Jasper Park Lodge. On Sunday morning, July 11th, a most impressive church service was conducted by the Rev. George Coulter, Pastor of the Jasper United Church.

The party returned to Edmonton Monday morning, just in time for the parade in connection with the Exhibition. At the luncheon given by the Hudson's Bay, Miss Minnie Page was presented with a handsome beaded purse as a token of appreciation of the splendid work done during her term of office. At four o'clock the girls had tea at Government House, the guests of His Honor Lieutenant-Governor Egbert and Mrs. Egbert.

The results of the election of officers was as follows: Honorary President, Minnie Page, Trochu; President, Selma Ekstrom, Calmar; Vice-President, Mrs. Nellie Campbell, Olds; Secretary-Treasurer, Mrs. Clara Johnson, Alliance. Directors: District No. 1, Helen Bromley, McLennan; District No. 2, Marie Dittrich, Leduc; District No. 3, Estella Gilbertson, Silver Heights; District No. 4, Aulta Barlow, Barons. Publicity Convener, Gladys Ricker, Alliance.

The Eighth Annual Convention was held at Banff, July 6th, 7th, 8th, 9th and 10th, 1927, with Miss Selma Ekstrom, the President, presiding. Mrs. Macgregor Smith, the new Supervisor appointed to take Miss Noble's place, was a visitor at this Convention.

Mrs. W. Huyck, President of the A.W.I., brought greetings from the mother organization, and told the girls of several interesting places that she had visited in Eastern Canada while attending the Federated

Women's Institute Convention in Wolfeville, N.S. Mrs. Huyck presented the Executive with a cheque for the generous amount of twenty-five dollars, a gift from the W.I. Executive.

Miss Selma Ekstrom, in her presidential address, gave many splendid suggestions which could well be carried out in both the individual and Club life. Mrs. Lonsdale, of Banff, gave a most interesting talk on "Child Welfare." Miss Bessie McDermind, of Syracuse, N.Y., who organized the Women's Institute Girls' Clubs in Alberta, gave three practical talks, "Interior Decorating," "Dress Appreciation," and "Foods and Their Values."

Mr. J. W. McAllister gave two illustrated lectures, "The Passing of the Indians" and "The Rural School as a Service Centre for the Community." Dr. Robertson, of Brett Sanatorium, Banff, gave a splendid "Health" talk, and Aulta Barlow read a paper on "Early History of Alberta." Mrs. J. Price gave a splendid talk entitled "Alberta, Our Heritage." Gladys Ricker, Publicity Convener, read a paper entitled "When Ships Come Home," and Miss Jessie MacMillan led a discussion, "When the Knight Goes Riding By."

The winners in the various contests and the prizes which they received are as follows: Most Athletic Girl—Mary Robbins, Stony Plain, a beautiful cup, suitably engraved, presented by Jack Marshall, Edmonton. Second prize for Athletic Girl—Arlin McNeily, Warner, a picture. The girl taking most active part in discussions—Helen Bromley, McLennan, a picture. Secretary having done the best reporting for the year—Wanda Nelson, Warner, a picture. Delegate coming greatest distance—Josephine Buck, McLennan, a picture. Best Group—That led by Clara Johnson, Alliance, a box of chocolates.

During the afternoon of July 6th the entire party hiked to Sundance Canyon, returning by way of the Cave and Basin. The evening session was held in the Union Church, Banff. After Community singing, lantern slides showing the "Passing of the Indians" were given, Mrs. Macgregor Smith reading the beautiful poem accompanying the pictures.

During the afternoon of July 7th the girls climbed Sulphur Mountain and in the evening they motored to Lake Minnewanka and enjoyed a boat ride. Early in the afternoon of July 8th the entire went to the recreation grounds where field sports were conducted by Mr. J. W. McAllister. This programme concluded with a ball game, the North vs. the South, ending in a victory for the Southerners. The party returned by the way of the Cave and Basin.

In the evening a patriotic pageant entitled "When Dreams Come True" was staged. The principal characters were: Madame Confederation, Miss Noble; Miss Canada, Clara Johnson; The Institute Girl, Selma Ekstrom; The Page, Hope Dellingham. Fifteen girls represented women who have helped in the making of Canada.

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In the evening of July 9th the girls were guests at the Banff Springs Hotel for dinner and a dance. Mrs. Nellie McClung was the speaker at the dinner. At nine o'clock a.m. on July 10th the entire party left by car for Lake Louise, Field, B.C., and Emerald Lake. That evening the girls started for their homes.

The election of officers resulted as follows: President, Selma Ekstrom, Leduc; Vice-President, Aulta Barlow, Barons; Secretary-Treasurer, Helen Bromley, McLennan. Directors: District No. 1, Josephine Buck, McLennan; District No. 2, Gertrude Flood, Leduc; District No. 3, Edith Edge, Eagle Hill; District No. 4, Alise Darling, Coutts. Publicity Convener, Gladys Ricker, Alliance.

In 1928, by an amendment to The Act Respecting Women's Institutes, the Women's Institutes and W.I. Girls' Clubs were put on their own resources, and as the W.I.G.C. had no funds to finance a Convention, none was held that year. But early in the autumn of 1928 plans were made for a Convention to be held the following summer. So the Ninth Convention of the W.I.G.C. was held at St. Joseph's College, Edmonton, on July 20th, 21st, 22nd, 23rd, 24th, 25th and 26th, 1929, with eighty delegates and guests registered, the President-elect, Miss Minnie Tyler, of Alliance, presiding. Mrs. J. Macgregor Smith, the Provincial Supervisor, opened the Convention with a short talk on the purposes of the Convention.

Saturday evening, July 20th, Mr. and Mrs. Backman led the girls in a sing-song, followed by showing some of the "Talkie" reels owned by the Department of Extension of the University. On Sunday morning the girls attended the interesting ceremony of the unveiling of the monument to Father Lacombe. Several visits were made during the week to various places of interest in the city. The Nellie McClung Public Speaking Trophy was first awarded at this Convention and was won by Grace Eastly, Sedgewick. The Emily Murphy Athletic Trophy was also first awarded at this time to Mary Boychuck, Round Hill.

The Tenth Convention was held at Mount Royal College, Calgary, July 2nd, 3rd, 4th, 5th, 6th and 7th, 1930, with seventy-six delegates and guests registered, and Margaret Hudson presiding. Full details of these last two Conventions are in the magazines of those years.

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LOCAL CONSTITUTION OF WOMEN'S INSTITUTE GIRLS' CLUB.

Article 1.—Name.

This organization shall be called
Women's Institute Girls' Club.

MOTTO: "For Home and Country."

Article 2.—Object.

The objects of the Women's Institute Girls' Clubs shall be the improvement of social and educational conditions among girls of school and adolescent age in rural and other communities by means of:

1. Holding meetings to promote social and civic activities.
2. Establishing organized recreation for girls of the community.
3. Encouraging the study of English literature, drama, music, art, etc.
4. The study of Home Economics. (Food and cookery, household sanitation, sewing, textiles, home nursing, first aid, etc.)
5. The study of any subject which the members of the Club desire and which is in keeping with the objects and aims of the Women's Institutes.
6. The encouragement of agriculture by means of garden competitions, etc.
7. To provide a medium of organized effort for girls below the age of membership in the Alberta Women's Institutes.

Article 3.—Membership.

1. Any girl at least six years of age, resident of the community and not being a member of any other Women's Institute Girls' Club may become a member of a Junior Women's Institute Girls' Club, and any girl at least fifteen years of age, resident of the community, and not being a member of any other Women's Institute Girls' Club, may become a member of a Senior Women's Institute Girls' Club on application to the Secretary and on payment of membership fee, which shall not be less than twenty-five cents.

2. Shall have a membership of at least eight.
3. Shall elect their own officers.

Article 4.—Officers.

1. The officers of a Women's Institute Girls' Club shall be a President, Vice-President, a Secretary-Treasurer, and at least three Directors. There shall be in addition to said three, one Director for every ten members in excess of thirty.

2. There shall be two Auditors.

3. The President, Vice-President, Secretary-Treasurer, Local Supervisor and Directors shall be called the Board of Directors.

4. The persons qualified to vote or to be elected to office shall only be those members regularly enrolled who have paid their membership fee.

5. Officers shall hold office till their successors are elected.

6. A Local Supervisor shall be chosen by each Women's Institute Girls' Club, in conjunction with the Executive of the local Branch, from amongst the members of the Local Women's Institute. Where there is not a Women's Institute, on the advice of a Constituency Convener or District Director of Women's Institutes.

7. The Local Supervisor shall be ex-officio a member of the local Women's Institute Girls' Club Executive and shall act in an advisory capacity.

Article 5.—Election.

All elections for officers shall be by ballot after previous verbal nominations for term of one year. A majority of votes cast shall be necessary to a choice. Newly-elected officers shall enter upon their respective duties after the Annual Meeting.

Article 6.—Organization

A Women's Institute Girls' Club may be organized in any rural community, village, town or city in Alberta. An application, signed by at least eight girls, at least six years of age for a Junior Women's Institute Girls' Club, and at least fifteen years for a Senior Women's Institute Girls' Club, shall be forwarded to the Provincial President of the Alberta Women's Institutes, who may declare the applicants and others who may thereafter become members to be organized into a Women's Institute Girls' Club under the name of "The..... Women's Institute Girls' Club.

In a community where there is not a Women's Institute, a Women's Institute Girls' Club may be organized provided that the Club is organized under the auspices of a member of a Women's Institute, a Constituency Convener or a District Director.

Article 7.—Meetings.

1. The Women's Institute Girls' Club shall have at least four meetings a year. A meeting at least every month is strongly advised.

2. Special general meetings may be called by the Board of Directors.

3. Each Women's Institute Girls' Club shall have its annual meeting in the month of September.

5. Four reports shall be sent by the Secretary of each Women's Institute Girls' Club after each meeting: to the Provincial Supervisor of the Alberta Women's Institute Girls' Clubs, to the Women's Institute Girls' Club District Director, to the Women's Institute Girls' Club Publicity Convener and to the Constituency Convener of the Women's Institutes.

6. The agenda of business at an annual meeting shall be adopted according to the Women's Institute annual meeting programme as found in the Women's Institute Act.

7. Each Women's Institute Girls' Club shall elect a delegate to attend the Women's Institute Girls' Club Ann Convention.

8. All resolutions offered for the consideration of a Convention must be presented in writing with the endorsement of the Women's Institute Council.

9. A two weeks' notice shall be given any annual or special meeting of a Women's Institute Girls' Club.

10. All meetings of the Women's Institute Girls' Clubs shall be governed by Mrs. Parson's Rules of Order and the Women's Institute Handbook.

Article 8.—Finance.

1. All money raised under the auspices, and with the approval of the Women's Institute Girls' Club, shall be paid to the Secretary-Treasurer, and shall be under the control of the Board of Directors of the Club.

2. A financial statement, which shall include in detail, assets and liabilities, receipts and expenditures, shall be sent to the Women's Institute Business Secretary.

Article 9.—By-Laws.

Each Women's Institute Girls' Club, at an annual or special meeting, called for that purpose, may make, alter or repeal by-laws or regulations for its general management not inconsistent with the provisions of Women's Institute Act, and the Amendment to the Women's Institute Act.

Article 10.—Government Assistance.

If Women's Institute Girls' Clubs observe the regulations they are entitled to recognition of the Department.

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- (c) Lectures.
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Provincial Constitution and By-Laws of the Alberta Women's Institute Girls' Clubs.

Article 1.—Name.

This organization shall be called the Provincial Organization of the Alberta Women's Institute Girls Club.

Article 2.—Motto.

The motto of the Provincial Organization of the Alberta Women's Institute Girls' Clubs shall be "For Home and Country."

Article 3.—Policy.

(a) The Alberta Women's Institute Girls' Club shall be the central Provincial organization of the Girls' Clubs which have been or may hereafter be formed under the Women's Institute Act.

(b) The organization shall be strictly non-partisan and non-sectarian.

(a) No society or organization for a special purpose shall bring its discussion or its subjects into any meeting of the Alberta Women's Institute Girls' Clubs, except by the unanimous consent of the delegates present.

Article 4.—Object.

The objects of the Alberta Women's Institute Girls' Clubs shall be:

- (1) To co-ordinate the various Provincial Women's Institute Girls' Clubs.
- (2) To act as a clearing house for the activities of the Women's Institute Girls' Clubs.
- (3) To initiate Provincial-wide campaigns in accordance with the objects of the Women's Institute Girls' Clubs.

Article 5.—Membership.

Members of a Branch Club which has a membership of at least eight and has held at least four meetings and reported them, during the preceding year, shall be considered members of the Provincial Organization, providing their dues have been paid.

Article 6.—Officers.

The officers of the Provincial Organization shall be a President, Vice-President, one Director from each district (who by virtue of office shall be a Vice-President of the Provincial Organization), and a Secretary-Treasurer.

A Provincial Supervisor of the Women's Institute Girls' Clubs appointed biennially by the Council of the Alberta Women's Institutes for a period not exceeding two consecutive terms. She shall be ex-officio a member of the Alberta Women's Institute Girls' Clubs Executive, and shall act in an advisory capacity.

These officers shall constitute the Advisory Board, each member of which shall report at the Annual Convention.

The Provincial President, Vice-President, Secretary and Provincial Supervisor shall constitute an Executive Committee, with the power to transact routine business, and to take such action as may be necessary on matters arising between annual meetings; they have the power to fill any vacancy on the Advisory Board for the unexpired term and to appoint special committees for special subjects.

Article 7.—Election.

All elections for Provincial Officers shall be by ballot, after previous written or verbal nominations, for a term of two years.

A majority of votes cast shall be necessary to a choice.

Newly-elected officers shall enter upon their respective duties at the adjournment of the convention at which they were elected.

Article 8.—Amendments.

This Constitution may be amended at any annual meeting by a two-third vote of voting delegates present, provided the proposed amendments have been submitted in writing at the previous annual meeting or by the unanimous vote of all present.

By-laws and standing rules may be adopted, amended or repealed at annual meeting by a two-third vote.

Article 9.—Dues.

The yearly dues from each Branch to the Provincial Fund shall be 2c per capita, to be reckoned on the paid-up membership at the end of the current year.

Dues shall be payable to the Provincial Secretary-Treasurer of the Alberta Women's Institute Girls' Clubs by January 1st of each year.

All money paid into the Provincial Secretary-Treasurer of the Alberta Women's Institute Girls' Clubs shall be under the control of the Provincial Board of Directors of the Alberta Women's Institute Girls' Clubs.

This organization shall be governed by Mrs. Parson's Rules of Order and Women's Institute Handbook.

BITS OF HUMOR

By BETTY THOMPSON, Humor Editor for Magazine

Muriel Bloss—Dorothy, do you know what goes around a button?

Dorothy McGuire—No, what?

Muriel—Why, a Billy Goat.

Margaret Nimmons—Why does a gatekeeper punch a hole in your ticket?

Lorna Pearson—Why?

Margaret—To let you through, silly.

The modern woman's fondest wish is to be weighed and found wanting.

Maxine Pease (to Mrs. Ford)—What did Adam do when he wanted some sugar?

Mrs. Ford—I could never guess.

Maxine (winking)—He raised Cain.

Why is a game of baseball like a buckwheat cake? Because its success depends upon the batter.

In the good old days youngsters didn't have to go to the seashore to be tanned.

Our little boy friend wants to know why vitamins were put in spinach and cod liver oil instead of cake and candy.

Mrs. Wood suggests that if you're only a little pebble in her life try being a little bolder.

Now we know why Esther Oliver is always hungry—she forgot her inner tube. Maybe that's the reason for her very expressive "Oh, dear."

Mary Morrison thought "Malki's Best" was something to drink. Won't someone please enlighten her?

The banquet must have been too much for Echo Hunt, of Milk River, as that night she seemed to find the stair railing particularly interesting.

BITS OF HUMOR—Continued

Mrs. Ford, of Milk River, has been given a new name. She is now "Madame Alarm Clock", and this is particularly suitable.

Lilly Sahlen for once was unable to express herself. It was when she was presented with a beautiful picture the last night of the Convention.

Both Mrs. Wood and Lilly Sahlen were all mixed up the last day of the Convention, as Lilly was forever confusing the Sports and Humor items, and Mrs. Wood insisted that we adjourn for our cocoa and "tea."

We were all quite shocked when Mrs. Thompson came to Convention one morning with a mouth full of cold sores.

Beth Stevenson, of Coaldale, decided she would leave a souvenir for the college, so one night, after it had been raining, and being in a hurry, she thought she would reach the bottom of the stairs much quicker if she rolled down. This she did, but left a part of her skin as a souvenir.

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INDEX



Foreword	3
President's Message	5, 6
Address by Miss Lilly Sahlen	7, 8
Social Affairs of Convention	9
Balance Sheets	10, 11
Report of Women's Institute Girls' Clubs	12, 13, 14, 15
Reports of Clubs, Districts Nos. 1 and 2	16, 17, 18, 19, 20, 21
Synopsis of Color and Design	22
Report of W.I.G.C. Conference	23, 24, 25, 26, 27, 28, 29
Prize Winning Speech	30, 31
Report in District No. 4	32, 33, 34, 35, 36
Synopsis of Lectures on Dramatics	37, 38, 39
Address Given at District No. 4 Conference	40, 41, 42, 43, 44, 45
World Peace and Disarmament	46, 47, 48, 49
List of Material in W.I.G.C. Library	50
Synopsis of Address on Foods	52
History of Alberta Women's Institute	
Girls' Clubs	53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63
Local Constitution of Women's Institute Girls' Club	64, 65, 66
Provincial Constitution and By-Laws	68, 69
Bits of Humor	70, 71
Index	72

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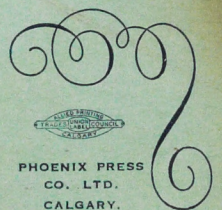
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